Pedestrian tips

- Stay aware of the traffic around you; when you cross the street, always be cautious.
- Be sure to use crosswalks and other pedestrian facilities whenever possible.
- Obey traffic signals and signs.
- Use designated bike lanes and other facilities when available.
- Be visible to drivers, especially at night.
- Keep your head up and out of your phone.
- Be prepared to walk: never attempt to cross the street in mid-traffic.
- Look both ways before crossing the street.
- Use the sidewalk and crosswalks as much as possible.
- Always use the crosswalks.
- Obey traffic signals and signs.
- Use designated bike lanes and other facilities when available.
- Keep your head up and out of your phone.
- Be prepared to walk: never attempt to cross the street in mid-traffic.
- Look both ways before crossing the street.
- Use the sidewalk and crosswalks as much as possible.

Transit tips

Stretch your legs with TriMet!
...because walking is a great way to stay active, connect with your community, and reduce traffic congestion. You can walk to TriMet stops, ride the bus, or bike to the TriMet Park & Ride lots. TriMet bike storage is available at most stations and some bus stops. See the "Bikes on TriMet" brochure from the Portland Bureau of Transportation for more information.

For more information on walking and biking...

Check out the Portland Bureau of Transportation's website for more information on walking and biking.

Resources

- Bike and pedestrian facilities
- Parking and public transportation information
- Resources for people with disabilities
- City of Portland's website for transportation information

For more information...

Visit the Portland Bureau of Transportation's website for more information on walking and biking.