Transportation Safety Quiz

Name: _____

Period: _____

- 1. What is active transportation?
- 2. In your everyday life, when do you use active transportation?
- 3. In your own words, explain what the ALPACA principles mean? <u>Aware:</u>

<u>Legal:</u>

Predictable:

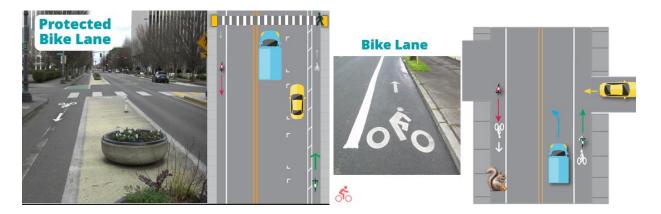
<u>Assertive</u>:

Considerate:

Able to be seen:

- 4. Explain each step of the 3-step model of assertive communication?1) Name it:
 - 2) <u>Frame it:</u>
 - 3) <u>Change it:</u>
- 5. Explain why/how the following are benefits of active transportation:1) <u>Health:</u>
 - 2) <u>Mobility:</u>
 - 3) <u>Neighborhood livability:</u>
 - 4) <u>Economy:</u>
 - 5) Environment:

- 6. When crossing the street, a pedestrian must give vehicles ______ and _____ to stop.
- 7. Why are residential streets 20 miles per hour?
- 8. What is the "double threat" when pedestrians are crossing the street?
- 9. List three resources you can use to: plan a trip, ride, or keep yourself safe while using transit:
 - 1)
 - 2)
 - 3)
- 10. Name two actions that an *active bystander* should DO and two actions they should NOT DO:
 - 1) 1) 2) 2)
- 11. Where are you legally allowed to bike, skate, roller-skate, scoot, rollerblade, e-scooter? Where are you not allowed?
- 12. List at least three conflict points when rolling in a bike lane or protected bike lane?
 - 1)
 - 2)
 - 3)



13. List a benefit and a challenge of a shared-use path. <u>Benefit:</u>

Challenge:

- 14. What is a right hook and how can it be prevented?
- 15. What are the four steps to prevent crashes while biking or skating?
- 1)
- 2)
- 3)
- 4)