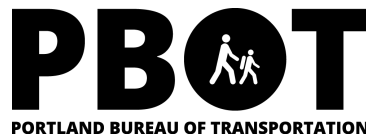


Bike Safety Unit Goals

6th Grade Basic Bike Handling	7th Grade Communicating and Predicting Other Road Users	8th Grade Navigating City Landscape
<ul style="list-style-type: none"> ● Principles of active transportation: ALPACA ● Personal security ● Helmet fit ● Personal & bike safety check ● Hand signals ● Braking ● Ride with one hand ● Shoulder check ● Lane position: Riding on the right side of the road ● Copenhagen left turn ● ROW: 1st to stop 1st to go 	<ul style="list-style-type: none"> ● Principles of active transportation: ALPACA ● Personal security ● Helmet fit ● Emergency braking ● Shifting ● Standing pedal ● Take the lane for turning ● Understanding road user behavior ● Built environment: landmarks and intersection identification ● Merging into traffic safely ● ROW: furthest right goes first 	<ul style="list-style-type: none"> ● Principles of active transportation: ALPACA ● Personal security ● Helmet fit ● Braking: track stands ● Group vs. individual riding ● Bike lane ● Take the lane for space: how do you share the road ● Take the lane and waiting ● Road user behavior ● Built environment: other road users ● ROW: left goes last



www.saferoutesportland.org