2013 Portland Sunday Parkways Report



City of Portland Bureau of Transportation
Active Transportation Division
October 31, 2013

2013 Portland Sunday Parkways

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Table of Contents

2013 Portland Sunday Parkways Final Report

Introduction	1
Packground	2
Background	∠
Specific Goals	3
Program Activities and Outcomes	4
Participants	4
2013 Portland Sunday Parkways Highlight	4
Community Outreach and Media	5
Physical Activities	7
Community Organizing	7
Business Outreach	12
Volunteer Recruitment and Management	14
Sponsorship and Fundraising	15
Resources – Sunday Parkways 2013 Budget	16
Sunday Parkways 2013 Event Schedule	17

Appendices:

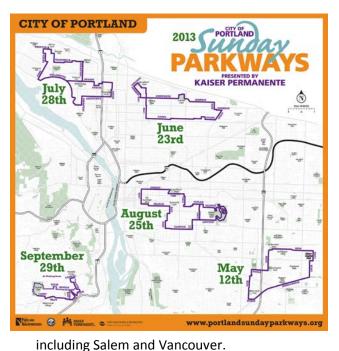
2013 Sunday Parkways Season-wide Flyer2013 Sunday Parkways Bandana with Route MapsSample 2013 Sunday Parkways BrochureSample 2013 Sunday Parkways Door Hanger

Portland Sunday Parkways 2013 Report

Portland Sunday Parkways promotes healthy active living through a series of free events opening the city's largest public space – its streets – to walk, bike, roll, and discover active transportation.

Portland Sunday Parkways is not about closing streets to cars – Sunday Parkways is about opening streets, connecting neighborhoods and people: bicyclists, walkers, runners, seniors, adults, and children, all enjoying healthy physical activities right in their own neighborhoods. It shows off Portland's premier and new family-friendly bicycle routes called Neighborhood Greenways and Portland's beautiful parks on these seven to nine mile routes with no start or end.

Portland Sunday Parkways fosters civic pride, stimulates economic development, and represents community, business and government investments in Portland's vitality, livability, and diversity.



Portlanders take great pride in their city. We are leaders in the green economy, in walking and bicycling. We have vibrant local business corridors and active community organizations. Sunday Parkways provides the opportunity to highlight all of these amazing assets during these safe, fun and wildly-popular community events.

Approximately 85,480 Portland area residents and visitors participated at four Sunday Parkways in 2013 walking, biking, jogging, and rolling. The final event was canceled due to severe weather conditions.

Sunday Parkways is modeled after Bogotá, Colombia's Ciclovías held every Sunday on 70 miles of streets. Sunday Parkways staff promoted the "Open Streets" initiative expanding Sunday Parkways into other Oregon and southwest Washington cities

The long term transportation, health and community benefits can not be overstated. When people discover just how much fun it is to walk, bike, roll, skate, and stroll (again) and how easy it is be physically active during Sunday Parkways, they are choosing to experience "Sunday Parkways Every Day" – walking to the store, riding with their families, playing in the parks.

The 2013 Portland Transportation program expanded and improved the program in several ways:

★ Intersection Superhero volunteers from community groups and service organizations were given the option of raising \$20-\$25 per intersection shift covered as a fundraiser for their group. This program started last year grew to include more organizations and organizations including ones working with seniors and youth.

- ★ Even more healthy food and farmers market vendors were recruited in 2013 with more fruits and vegetables and healthy snacks available at the events.
- ★ Partnerships were broadened to include more community organizations as sponsors including Jewish and senior organizations.

It's so liberating to bike on closed (to cars) streets, so fun to see the others, enjoy the food, the music, everything. It's well planned and executed. Fun and exciting. Free and for everyone.

--- Korynn Underwood, Facebook fan

Portland Transportation has organized Sunday Parkways since 2008 with more diverse participation and even more widespread media and online coverage. Media outlets include The Oregonian, Portland Mercury, Willamette Week, all network television stations, weekly, business, and neighborhood papers, radio stations, and dozens of area blogs and web postings. In all,

Sunday Parkways has garnered millions of advertising and publicity impressions in 2013.

Portland Sunday Parkways has been funded each year, in large part, by grants and sponsorships by Kaiser Permanente, Universal Cycles, Metro, Whole Foods, NW Health Foundation, and other businesses, agencies and individual donors. The City of Portland contributes one third of the funds allocated towards staff time to organize and implement Sunday Parkways.

Background

Sunday Parkways in its sixth year has become a community institution. It highlights Portland as a walkable and bikeable city. Cities around the country have come to expect Portland to lead with smart innovations and ideas. Health, transportation, recreation, environmental, community and safety interests all benefit from these kinds of strong partnerships implementing Sunday Parkways. Sunday Parkways offers five opportunities for neighbors to get out and stroll or bike or skateboard or roll without car traffic. Portland held the first successful Sunday Parkways in the nation in June 2008 with 15,000 participants.



Sunday Parkways are defined as "soft" street closures where residents along the routes have access to their driveways, but all others are restricted from driving on the street. This creates a reasonably traffic-free environment where families can feel comfortable having their children literally play in the street. Routes include as many Neighborhood Greenways and cycletracks (bikeways on busy streets physically separated from cars) to show off where people can bike and walk safely every day.

The primary goals for the project are:

- ★ Increase the health and physical activity of all Portland residents
- ★ Reduce dependence on the car for all transportation trips
- ★ Prioritize participation and outreach to low-income and communities of color who are at higher risk for diseases related to lack of physical activity and obesity such as diabetes, heart disease, and other ailments
- ★ Increase neighborhood awareness and raise acceptability of bicycling and walking as modes of travel

- ★ Increase economic opportunities for local businesses
- ★ Increase environmental and climate change awareness
- ★ Increase neighborhood mobility and livability
- ★ Increase awareness and messaging regarding healthy eating as part of healthy living

Specific Goals

The goals for 2013 Sunday Parkways were to reach all Portland residents at least three times with messages about Sunday Parkways and messages related to healthy activity, active transportation, healthy eating, and climate change through media, mailings, internet and email venues. According to a

Metro Regional survey conducted in 2012, Sunday Parkways/Sunday Streets programs showed 40% awareness. In Portland, over 50% were aware of Portland Sunday Parkways.

- ★ Recruit 110,000 participants to walk, bike, skateboard, roller skate/blade, and roll (with mobility devices) for all five events for 2013. 85,480 participants the final event on September 29, 2013 was canceled due to severe weather conditions.
- ★ Involve 200 neighborhood/business associations and other community organizations and area places of worship in the planning and implementation. One hundred and eleven unique community groups, organizations and agencies actively participated as a vendor or volunteer group with a primary focus on healthy living, transportation options, and environmental messaging. There were even more that engaged with Sunday Parkways that did not host an activity or vendor spot.
- * Reach all area residents within two blocks of a designated route at least seven times with Sunday Parkways messages. Actual: Met.



- ★ Place 30 major media stories in area papers, newsletters, radio, and television outlets. Exceeded: There have been dozens of media stories in a wide variety of venues.
- ★ Engage 65 physical activity and fitness-related vendors. Recruit 3-5 additional healthy food vendors for each event. Actual: 144 physical activity and fitness-related vendors' activities participated. Of the 43 food vendors, 20 focused on serving fresh, healthy food options with more sponsors opting to activate their sponsorship with giving out fresh fruits and healthy foods.

What follows is an outline of the Program Activities and how they played a part in reaching the primary and specific Sunday Parkways goals from the first four Sunday Parkway events.

Program Activities and Outcomes

Sunday Parkways Participants

In 2013, 85,480 participants walked and biked and enjoyed first four Sunday Parkways. The final Southwest Portland Sunday Parkways was canceled due to severe weather conditions. Unexpected



heavy rains in August and June showers depressed two of the three largest expected participant events. That said, all four events were very successful with 12,200 in East, 21,830 in Northeast, 29,200 in North, and 22,250 in Southeast.

In 2013, Portland Sunday Parkways focused on working with places of worship in and around the routes. This year several Jewish community organizations signed on to activate their members at Sunday Parkways and in particular at the final event in southwest Portland – the neighborhood

with a higher concentration of Jewish households and institutions. Sunday Parkways is a part of the Jewish Federation's Portland Mitzvah Network which supports individuals, groups and organizations around hands-on volunteerism. These community institutions have embraced Sunday Parkways as a way to give back to the community where they worship and to address the needs of their members to become healthier and connected to the larger Portland community.

Starting in 2010, organizers began focusing on specific constituents to expand participation: families with children, low-income residents, and people of color. These communities are less likely to incorporate physical activity into their daily activities and are also at higher risk for health problems related to inactivity. This outreach and program now constitutes a core element of Sunday Parkways.

2013 Portland Sunday Parkways Highlights

East Portland Sunday Parkways kicked off the season on Mother's Day with a celebration of women in cycling. Women on Wheels, a local women's cycling organization, hosted Portland's International CycloFemme event at Sunday Parkways. CycloFemme founder, Sarai Snyder, chose Portland as the city to visit for this year's event. In addition, the Bureau of Environmental Services got a chance to show off

the now completed 63-acre Foster Floodplain Natural Area right on the route at Foster and Springwater Corridor.

In June, Safe Routes to School led a ride with families (20 people) from Hacienda CDC at this Northeast Sunday Parkways event. Hacienda CDC is a Latino Community Development Corporation that strengthens families by providing affordable housing, homeownership support, economic advancement and educational opportunities. AARP of Oregon held their



first group walk from Woodlawn to Alberta Parks while crossing paths along the route with Kaiser Permanente's Walk with a Doc walk heading in the opposite direction.

At the North Portland Sunday Parkways in June, Friends of Peninsula Park Rose Garden held guided tours of the beautiful roses again this year. This year marked the 100th anniversary of this unique North Portland landmark.

Also in June, Portland Sunday Parkways staff worked with New Columbia's We All Can Ride group to brainstorm ideas for activities in McCoy Park. The group met at the Bike Repair Hub where they were soon joined by a group of five youth wondering what the meeting was all about. These youth came up with the idea of hosting musical chairs at McCoy Park. Sunday Parkways made up some great "seats", and led the games that 25-30 young people and 10 adults participated in.



Several new groups participated in North Portland's event including the Urban League of Portland and Cascade Festival of African Films. Doernbecher Tom Sargent Safety provided low-cost bicycle helmets plus helmet fittings.

At the Southeast Sunday Parkways in August, Central City Concern organized a bike ride for their clients. Their goal for participation at Sunday Parkways was to provide some "good therapy" through healthy activity, show them a different part of the city and allow them to have fun with little or no cost.

In spite of the unexpected August rains, several places of worship participated in the Southeast event.



St. Stephens Catholic Church in their bid to connect to the community gave away bottled water. Lincoln Street Methodist Church hired a band to entertain people as they passed by the church.

One of the most successful partnerships in southeast was the Green Spot with the Bureau of Planning and Sustainability. "Green Spot" showcased sustainable community features along the Sunday Parkways Southeast Portland route. Spots highlighted solar energy, energy conservation and urban farming plus several other programs.

Community Outreach and Media

Sunday Parkways outreach efforts reached every Portland resident at least three times. Most were reached via the extensive media coverage both before and after the events. There were three Sunday Parkways pieces printed and distributed to residents in each area of Sunday Parkways: two mailers to all area residents plus a door hanger to households along the routes or who had to access the route to leave or return home.

Five hundred Sunday Parkways posters were posted and 54,000 general Sunday Parkways flyers were distributed in Portland venues including community centers, bike shops, libraries, local businesses, community events, school-based health centers, and coffee shops. An additional 18,000 flyers in Spanish were distributed during events and to organizations, churches, and other venues with Spanish-speaking members, customers and visitors.

Thirty-six Kaiser Permanente health message on-route sign boards with images and slogans designed to encourage healthy, active living were placed along the routes and in parks. These newly revised signs delivered over a million healthy eating, active living messages to Sunday Parkways participants.

Currently, Sunday Parkways has 7,483 Facebook "Likes" and 1,103 Twitter followers.

PortlandSundayParkways.org is again the most popular web page in the City of Portland

PortlandOregon.gov website. Portland Sunday Parkways five e-newsletters were sent out to 13,500

Portland area residents. Active Transportation sent out ten email blasts to the 13,500 former and current SmartTrips Portland residents who have requested information in the past on alternative

"In what is becoming an iconic Portland event, Sunday Parkways seems to offer a bit of everything that the city itself offers: exercise, beautiful parks, beer, food carts and fickle skies."

--- Oregonian, John Killen 8/25/13

transportation. Through these online venues Portland area residents were reached with 192 healthy living, 114 active transportation, and 49 equity related messages with 902,838 impressions.

One hundred forty four of places of worship actively promoted and participated in Sunday Parkways in 2013. These community institutions took the

opportunity to give back to their neighborhood and activate their members.

Every place of worship in the area effected by Sunday Parkways received two letters, plus phone calls. If needed, Sunday Parkways posted signs that gave members who wanted/needed to drive on that particular Sunday detailed information on the best routes to get to their place of worship.

There are over 100 media stories in a variety of state, regional and local papers and radio and television stations. Primarily, the messages are about getting families out on their bicycles and in the parks to enjoy the fun physical activities offered. Media outlets and venues included:

Print, Television & Radio	Internet and Online	(Partial list)

The Oregonian Oregonlive.org Portland Tribune BikePortland.org Willamette Week UrbanMamas.org The Portland Mercury **PDX Pipeline** The Skanner The Lund Report Portland Family The Asian Reporter **KATU Television** Neighborhood Notes **KGW Television Travel Portland Dave Knows Portland KOIN Television**

KPTV FOX 12 Television

KEX Radio

KEX Radio

KINK Radio

KINK Radio

Catholic Sentinel

Portland AFoot

Food Carts Portland

MidCounty Memo

KBOO Radio ORBike

Pediatric Associates of the Northwest Bicycle Transportation Alliance blog Elders in Action HandsOn Greater Portland Portland Craigslist Metro News Portland Transport NW Kid Chasers

Physical Activities

Sunday Parkways centers on getting residents outside doing healthy physical activity. Most take this car-free opportunity to ride their bicycles and stroll along the avenues. There are also roller skaters, street skiers, unicycle riders, and all manner and shape of two and three wheel conveyances. Anecdotally and from surveys, many participants have not ridden their bicycles in years or have just discovered parks near their neighborhoods that they did not know about to take their children to play. They see just how safe, easy and convenient it is to ride their bikes or walk to a nearby park to get some physical activity and have some family recreation time.

These linear parks on Portland streets are complimented with three or four activity areas in parks and other open spaces. In partnership with the Portland Bureau of Parks and Recreation, fitness and dance classes were held on small stages with Parks



fitness instructors. Participants danced and stretched and Zumbaed. These activities were a big hit with large classes and great participation. Neighbors scheduled their Sunday Parkways day around making one or two of these classes. Parks also provided a dozen other activities: Senior Bikes, basketball clinics, skate ramps and rails, climbing wall, Free For All games, volleyball, tetherball, children's obstacle course, splash parks, slip and slide, and climbing structures.

Activities from other vendors and community groups included:

Universal Cycles electric bike demos Hula hooping

Bike Gallery bike skills track with the Northwest Fitness challenges and games

Trail Alliance Exercise and dance classes
Clif Kid's Backyard Games Strength and balance clinics

Partyworks bouncy houses Qi Gong classes

Rose City Roamer and AARP of Oregon walks Dancing

Circus Cascadia children's circus and games Women on Wheels bike rides

Soccer camps and pick up games

Every park had a bike repair station sponsored by Universal Cycles, The Bike Gallery, REI, Bike N Hike, Bikes for Humanity, Bike Farm and other local bike shops.

Anyone interested in engaging their bodies in physical activity could find a venue to enjoy the day.

Community Organizing

Portland Sunday Parkways worked with 84 neighborhood associations and 26 business associations and 358 other advocacy groups, community organizations, schools, faith-based, walking, bicycling, environmental, and disabilities community groups, New

"You beat me to it. I was going to thank <u>you</u> for the opportunity to have a table. We got 12 new volunteers and others who were interested in the Community of Hope. It was a great opportunity!"

--- Linda Jo, Community of Hope

Portlanders (immigrants and refugees), seniors, volunteer organizations and social service agencies to involve them in the planning and implementation of the five events. This organizing effort included significant outreach to residents and businesses affected by each route.

Engaging civic, faith-based, New Portlanders, youth, aging, and under-served communities was of paramount importance to Portland Sunday Parkways. Opening the city's largest public space – its streets – for active transportation to all residents; having the routes' diverse communities represented by vendors; and featuring park programming involving these communities as instructors and participants has become more successful with each season.



A growing knowledge of Sunday Parkways in these communities along with continuing encouragement, suggestions and examples for involvement increased participation in Sunday Parkways this year.

Many other area health professionals, recreational and physical activity organizations and businesses offer the opportunity to participate in activities at Sunday Parkways highlighting health and physical activity messages. The following is a comprehensive list of those groups actively participating with Sunday Parkways:

Community Organizations

AFS USA AAA of Oregon/Idaho African Youth & Community Organization Andeo Home Stays **Aurora Chorus** Boy Scouts of America Troop 24 Boys and Girls Aid Boys and Girls Clubs of Portland Cascade Festival of African Films Center for a Sustainable Today Center for Intercultural Organizing Citizens' Utility Board of Oregon Climate Jobs Committee Colored Pencils Art & Culture Council Community of Hope Concordia Tree Team Constructing Hope Pre-Apprenticeship Program Daughters of the American Revolution **Daybreak Cohousing** Eastside Village PDX **Elders In Action** Food and Water Watch

Friends of Community Gardens

Friends of Peninsula Park Rose Garden Friends of the Children Friends of the Columbia Gorge Friends of Trees Friends of Tryon Creek **GMO Free Oregon** Green Rigler Project Green Savers/Clean Energy Works H.E.A.R.T. - Humane Education **Advocates Reaching Teachers** Habitat for Humanity ReStore Hands On Greater Portland Hands On Teamworks Alumni Islamic Social Services of Oregon State (ISOS) Janus Youth Kiwanis Club of Portland National Federation for the Blind Native America Youth and Family Center Ne Si'ka - Food from the Heart Northwest Trail Alliance Occupy Portland **Opal Creek Ancient Forest Center OPAL Environmental Justice** Oregon Oregon Kickball Club

Oregon Natural Desert Association **Our United Villages** p:ear Peninsula Optimists Club/ Boy Scout Troop 52 PEO Chapter EG Portland Alumni Chapter of the Delta Sigma Theta Sorority **Portland Ballet Portland Community Gardens** Portland Fruit Tree Project Portland Pearl Rotary Club Portland Recorder Orchestra **Portland Taiko** Power Past Coal Q-Center Rotary Club of Portland Sierra Club - Columbia Group Slow Food Portland **Stumptown Crawlers Tellurian Gardens Timbers Army** Tour de Cure Wattles Boys & Girls Club

Health Organizations

Alvis Chiropractic

Broadway Physical Therapy &

Broadway Physical Therapy & Spa Courtyard at Mt. Tabor

Cully Providence Elderplace
Doernbecher Tom Sargent Safety

Center

Golden Acres Retirement Center
Jobs with Justice Health Care

Committee

Kaiser Permanente Kwan Yin Healing Arts Overlook Chiropractic Clinic

Peaceful Villa PKD Foundation

Planned Parenthood - Columbia

Willamette Ride Connection Rosewood Family Health Center Spring and Autumn Acupuncture

Third Way Chiropractic
Trauma Nurses Talk Tough
Ultra Chiropractic & Wellness

Vital Health Center

Physical Activity/Bike/Walk Groups

ac Portland

Alaska Wilderness League Bicycle Advisory Committee Bicycle Transportation Alliance

Bike Farm Bike Gallery Bike N Hike Bikeasaurus

Bikes for Humanity C.O.P.I.N.G. with Bikes Citybikes Cooperative

Clever Cycles

Community Cycling Center envIRONment Fitness

EPAPbike

Friends of Gateway Green Harper's Playground

Hood River Harvest Ride

Islabikes joe bike Kidical Mass Me Fitness Studios

Oregon Kickball Club

Oregon Walks
Peace Dragon Warriors Paddling

Club

Club

Pedal Bike Tours Pedestrian Advisory Committee

Portland Wheelmen Touring Club

PSU-Bike Hub Revolver Bikes River City Bicycles Rose City Roamers Sirens Dragonboat team Stack Exchange Bicycles
Sync or Swim Dragonboat

Team

Tide & Paddled Dragonboat

Team

Treo Bike Tours
Trusty Switchblades
Underdog Sports
United Bicycle Institute
Universal Cycles

Universal Cycles UrbanMamas Veloce Bicycles Waterfront Bicycles

We All Can Ride Committee

Women on Wheels

Neighborhood Associations/Coalitions

Alameda Neighborhood Association Arbor Lodge Neighborhood Association

Ardenwald-Johnson Creek Neighborhood Association

Argay Neighborhood Association

Arlington Heights Neighborhood Association Arnold Creek Neighborhood Association Ashcreek Neighborhood Association

Beaumont-Wilshire Neighborhood Association

Boise Neighborhood Association

Brentwood-Darlington Neighborhood Association

Bridgeton Neighborhood Association Bridlemile Neighborhood Association Buckman Community Association Centennial Community Association Central Northeast Neighbors

Collins View Neighborhood Association Concordia Neighborhood Association

Corbett-Terwilliger Neighborhood Association

Creston-Kenilworth Neighborhood Association

Cully Association of Neighbors

East Columbia Neighborhood Association

East Portland Neighborhood Office Eliot Neighborhood Association

Forest Park Neighborhood Association Foster-Powell Neighborhood Association

Friends of Cathedral Park

Glenfair Neighborhood Association Goose Hollow Foothills League

Grant Park Neighborhood Association
Hayden Island Neighborhood Network
Hayhurst Neighborhood Association
Hazelwood Neighborhood Association
Healy Heights Neighborhood Association
Hillsdale Neighborhood Association
Hollywood Neighborhood Association
Homestead Neighborhood Association

Neighborhood Associations/Coalitions cont

Hosford-Abernethy Neighborhood Development

Humboldt Neighborhood Association Irvington Community Association Kenton Neighborhood Association Kerns Neighborhood Association King Neighborhood Association

Laurelhurst Neighborhood Association
Lents Neighborhood Association
Lloyd District Community Association
Madison South Neighborhood Association
Maplewood Neighborhood Association
Marshall Park Neighborhood Association

Mill Park Neighborhood Association Montavilla Neighborhood Association Mt. Scott-Arleta Neighborhood Association Mt. Tabor Neighborhood Association

Multnomah Neighborhood Association

North Portland Neighborhood Services (NPNS)

North Tabor Neighborhood Association

Northeast Coalition of Neighborhoods (NECN)

Overlook Neighborhood Association Parkrose Heights Association of Neighbors

Parkrose Neighborhood Association
Piedmont Neighborhood Association

Pleasant Valley Neighborhood Association Portsmouth Neighborhood Association Powellhurst Gilbert Neighborhood Association

Reed Neighborhood Association

Richmond Neighborhood Association Rose City Park Neighborhood Association Roseway Neighborhood Association Russell Neighborhood Association

Sabin Community Association

South Burlingame Neighborhood Association South Portland Neighborhood Association South Tabor Neighborhood Association

Southeast Uplift Neighborhood Coalition (SEUL)

St. Johns Neighborhood Association

Sullivan's Gulch Neighborhood Association

Sumner Association of Neighbors Sunnyside Neighborhood Association

SW Hills Residential League

University Park Neighborhood Association

Vernon Neighborhood Association

West Portland Park Neighborhood Association Woodland Park Neighborhood Association Woodlawn Neighborhood Association Woodstock Neighborhood Association

Agencies/Utilities

211 Info Albina Library Belmont Library

Bureau of Environmental

Services

Bureau of Planning and

Sustainability Capital Hill Library Central City Concern Central Library

City of Portland Maintenance

Operations City of Vancouver

Columbia Slough Watershed

Council

East Portland Community Center

El Programa Hispano Gregory Heights Library

Hacienda CDC

Hacienda CDC/Portland Mercado

Hillsdale Community Center

Hillsdale Library Holgate Library Hollywood Library I-84 Paving Project Immigrant and Refugee

IRCO - Africa House

IRCO - Asian Family Center IRCO Summerworks

Community Organization

Kenton Library Latino Network

Leach Botanical Garden

Measure 26-152 Natural Areas,

Water Quality Levy Midland Library

Montavilla Community Center Mt. Scott Community Center

Multnomah Arts Center Multnomah County Office of

Citizen Involvement NARAL Pro-choice Oregon North Portland Library

NW Natural

Oregon Department of

Transportation

Pacific Power Blue Sky
Parks and Recreation
Peninsula Park Community

Center

Port of Portland
Safe Routes to School
Self Enhancement, Inc.
Sellwood Community Center
Sellwood-Moreland Library
Southwest Community Center
Southwest Neighborhoods Inc.
Springdale Job Corps Center

St. Johns Community Center St. Johns Library Sunday Streets Alive

University Park Community

Center

Urban League of Portland

Village Market

Woodstock Community Center

Woodstock Library Your Sustainable City Places of Worship

11th Church of Christ Scientist

Agape Bible Church

Agape Church

Ahavath Achim

Ainsworth United Church Christ

Albina Church of God

Antioch Missionary Baptist

Church

Apostle Church

Bethany Lutheran Church

Bethel AME Church

Bethel Bible Fellowship

Bethel Lutheran Church

Bike Temple

Bridgeport Community Church

Cathedral of Praise

Celebration Tabernacle

Central Christian Church

Chabad of Oregon

Christian Churches - Churches of

Christ Englewood

Church of Christ (2)

Church of Jesus Christ of Latter-

Day Saints Peninsula Park Ward

Church of Jesus Christ of LDS

Church of Korean Martyrs

Church of the Living God

Colonial Heights Presbyterian

Congregation Neveh Shalom

Congregation Shaarie Torah

Cornerstone Community Church

Daniels Memorial Church of God

Ebenezer Lutheran Church Emanuel Church-God in Christ

Emmanuel Temple Church

Englewood Christian Church

Epworth United Methodist

Church

First Church of the Apostolic Faith

First Covenant Church

Genesis Community Fellowship

Grace & Truth Pentecostal Church

Grace Presbyterian Church

Greater Portland Bible Church

Greater Solid Rock Church of God

in Christ

Hillsdale Community Church

Hinson Memorial Baptist Church Holgate Baptist Church SBC

Holy Cross Catholic Church

Holy Redeemer Church

Iglesia Adventista Hispana de

Portland

Imago Dei Community St.

Intercessory Prayer Con Church

Interstate Bible Chapel

Jehovah's Witnesses

Jehovah's Witnesses Mock's Crest

Kenton United Presbyterian Church

Kesser Israel

Kol Shalom

Korean Agape Church

Korean First Presbyterian Church

Lents Baptist Church

Lents Gilbert Church of God

LIFE Fellowship Church

Lifeline Christian Church

Lincoln Street Baptist Church

Lincoln Street Methodist Church

Living God Baptist Church

Mars Hill Church

Missio Church

Mittleman Jewish Community

Center

Mt. Olivet Baptist Church

Mt. Tabor Presbyterian Church

Multnomah Presbyterian Church

Neveh Shalom

New Beginnings Christian Center

New Heights Community Church

New Jerusalem Baptist

New Life Missionary Church

Nichiren Buddhist Temple

Northeast Baptist Church

Northminster Presbyterian Church

Northridge Community Church

Old Laurelhurst Church
Onnuri Evangelical Church

Open Bible Church

Peace Lutheran Church

Peninsula Baptist Church

Peninsula Open Bible Church

Philadelphia Romanian Pentecostal

miadeiphia Romanian Pentecost

Church

Piedmont Presbyterian Church
Pilgrim Lutheran Church

Pioneer Seventh-Day Baptist Church

P'nai Or

Portland Buddhist Temple

Portland Hmong Alliance

Church

Portland Mennonite Church

Portland North Spanish

Foursquare Church

Portland Pentecostals Church

Powelhurst Baptist Church

Power House Church

Power of Love Congregation

Presbyterian Center Fellowship

PUMP (Portland Urban

Ministries Project) Church of

Christ

Redeemer Lutheran Church

Rivergate Community Church

Riversgate Church at

Multnomah CC

Saint Barnabas Episcopal

Church Saint John Fisher Catholic

Church

Saint Luke Lutheran Church

Seventh-Day Adventist (2)

Shir Tikvah, Liberal Jewish

Congregation

St. Barnabas Church

St. Charles Church

St. David of Wales Episcopal

Church

St. Ignatius Church

St. John Lutheran Church

St. Luke Memorial Cogic

St. Michael & All Angels

St. Paul Lutheran Church St. Paul Missionary Baptist

Church

Church

St. Peter's Catholic Church

St. Stephens Catholic Church

Sts. Peter and Paul Episcopal

Places of Worship cont.

Sunnyside Centenary United Methodist Church Tabernacle of Hope The Bridge

Tongan Fellowship of the United Methodist

Trinity Full Gospel Pentacostal Trinity Lutheran Church & School

True Vine Baptist Church Unity Church of Portland **University Park Baptist Church** University Park Seventh Day Adventist Church

University Park United Methodist Voice of Hope Christian Church Waverly Heights Congregational

United Church of Christ

Waverly Heights Universal Church of Christ

West Hills Christian Church

West Hills Friends Church Wilshire United Methodist Church and Native American Worship

Woodlawn United Methodist Church

Word Of Life Community Church

Your Bible Speaks

Schools

Benson High School Basketball Team Chief Joseph School/Ockley Green

PTA

Chabad Hebrew School Chapman Elementary School

Concordia University Earl Boyles Elementary Gilbert Heights Elementary

Gilbert Park Elementary

Grant High School Key Club

Kelly Elementary

Lent K - 8

Lewis & Clark College Peninsula Children's Center

Peninsula K-8 PTA Peninsula School

Reed College Reed College-SEEDS Rigler K - 8

Ron Russell Middle School

SUN Schools

University of Portland Village Home Education

Resource Center Warner Pacific College

Business Outreach

All neighborhood business associations recognized by the City's Office of Neighborhood Involvement were contacted via phone, email, business association meetings, mailings, and/or event flyers. The Hillsdale Business District Association and Multnomah Village Business Association collaborated with Sunday Parkways to anchor the unfortunately canceled southwest event with these two vibrant business centers.

Participants got a chance to shop, eat and converse with local businesses and organizations while leaving the parks set as activity zones. The number and diversity of vendors has exploded with an average of 80 per event.

In 2013, additional healthy food sponsors and vendors were recruited to participate. Whole Foods and Food Front returned as sponsors. Franz Bakery promoted their new line of whole grain breads. Kaiser

Wow! Great turnout. I received excellent feedback from our OnPoint team. They were really pleased with how well we were received and how busy our booth was during the entire day. Thanks for all your work and good planning to help ensure a smooth and successful event.

--- Sunday Parkways vendor

Permanente activated their sponsorship with fresh salad and blueberry samples.

Sunday Parkways staff worked once again with organizations focused on minority and up and coming entrepreneurs to fill in the food vending slots at all the parks and Marketplaces. All Marketplaces sold out weeks before the events.

This year saw the number and diversity of vendors expand to 70 at the North event – the most Sunday Parkways has ever had. This was only surpassed by the next month with 86 at the Southeast event.

Businesses/Vendors

Alvis Chiropractic
American Family Insurance

Barefoot Books/Jennifer Butler-

Brown Bhaktishop

Bicycle Fitting Services

Bike Farm Bike Friday Bike Gallery Bike N Hike BIKEASAURUS Broadway Cab

Broadway Physical Therapy & Spa

Car2Go

Carroll Raaum Swing Orchestra

Chata Addy Music Man

Circus Cascadia Clean Air Lawn Care Clif Kid/Clif Bar

DJ Rock

Eagles of Freedom
East Village Portland

East West College of the Healing

Arts

Eclectic Home

envIRONment Fitness Flamenco Callejero

Food Front Franz Bakery Good Sport Promotion Green Drop Garage Grandma's Place

Islabikes Keen

Kind Healthy Snacks Kwan Yin Healing Arts Kitchen Compost

Caddy

Liberty Mutual LUME Footwear

Marinello Schools of Beauty

Mattress Lot ME Fitness Studios

Mr. Ben Nekked Bonz

OnPoint Community Credit Union

Overlook Chiropractic

PDX Holistic Partyworks Pedal Bike Tours Pedal Seat

Portland Fit Body Boot Camp

Portland Jugglers

REI

Reflect Peace Now Ringling Riders Rocky Butte Wrangers

Sapphire Skin Care & Healing

Sip D' Vine Smart Energy Sparkle Movement

Spring and Autumn Acupuncture

Sports Authority
Stumptown DJs
Tellurian Gardens
Third Wave Chiropractic
The People's Republic

Treo Bike Tours
Tutor Doctor

Ultra Chiropractic & Wellness United Bicycle Institute

Universal Cycles
Vital Health Center
Village Market

Whole Foods ZipCar Zoey's Eats

Food Vendors

Brazi Bites Bro-Dogs

Caribbean Kookpot Clif Bar & Company Delphina's Bakery Fifty Licks, LLC Firdale Food Co. Franz Bakery

Fuego Hotlips Pizza

Impact NW - Voodoo Doughnuts

Island Daydream Shave Ice, LLC

Kathmandu Café Kind Healthy Snacks Lebanese Food Little MaMaz Kitchen Loaded Potato Mixteca Catering Mizz'ipi Sistah Chefs Moberi Smoothies

Monkey Wrench Vegan Bakery

Olympic Provisions
Pop/Corn Publishers
Portland Farmers Market
Portland Fruit Tree Project
Po'Shines Café de la Soul
River City Roasted Corn
Ruby Jewel Treats

RUNA Tea Saigon Kitchen Saucy 's BarBQue

Scoop Organic Ice Cream

Soup Cycle Super Dog Taco Pedaler Tandem Treats

Two Wahines Hawaiian Shave

Ice

Urban German Village Crepery Whole Foods

Yeah Dawg Hot Dogs

Zuppa

Business Associations

42nd Avenue Greater Brooklyn 82nd Avenue of Roses Hawthorne Blvd.

Alberta Main Street Hillsdale Business & Professional

BeaumontAssociationBelmont AreaHistoric MississippiBurnside EastHollywood Boosters

Division/Clinton Kenton
Foster Area Midway

Gateway Area Montavilla/East Tabor

Multnomah Village North Northeast

Sellwood-Westmoreland

South Portland

St. Johns Business Boosters

St. Johns Main Street

Swan Island

Woodstock Community

Volunteer Recruitment and Management

The events require significant volunteer support on the day of the events as well as organizing the community prior to the events. Sunday Parkways engaged volunteers in 1,341 volunteer shifts with 4,655 volunteer hours by 870 individual volunteers. Volunteers are recruited, managed and trained by Good Sport Promotion, Inc. in close coordination and with resources from Active Transportation Division. Other businesses and community organizations provide a significant number of volunteers for their activities in the parks and along the routes. These volunteers are not included in these estimates of volunteers that make Portland Sunday Parkways a success.

All volunteers were trained online upon registration and again on site for each event. Volunteer guides, maps, and other resources were provided to each volunteer along with snacks, water, and a t-shirt. Only volunteers could obtain the popular Sunday Parkways purple t-shirt. Volunteers who work more than three shifts (or were scheduled to work their last shift at the canceled last event) received the limited edition 2013 Portland Sunday Parkways bandana.

Again this year, eight Superhero Coordinators were trained and deployed to assist in on-route management of the volunteers. Each Coordinator managed approximately one mile of route. This has become a vital role in effectively managing the eight to nine mile routes.

Instituted new in 2012 were two ways for organizations and companies to volunteer as a group or to set up a table on route while volunteering on route. Sunday Parkways offered \$20 to \$25 per intersection per shift donated to organizations in our priority groups such as in communities of color, low-income, immigrant and refugee communities, and Spanish-speaking groups. This has added up to \$8,905 going to a broad range of community groups and constituencies to fill volunteer spots.

Groups who were not in a position to afford the \$125 vendor fee took advantage of the volunteer opportunity to staff an intersection with their community group, take care of the volunteer need as well as promote their organization and its goals to participants.



The following is a partial list of those organizations, groups and businesses providing volunteers.

Organization Volunteer Groups

AARP of Oregon **Aurora Chorus**

Benson H.S. Basketball Team

Bike Temple

Bikes for Humanity

Bicycle Transportation Alliance

C.O.P.I.N.G. with Bikes

Citizens' Utility Board of Oregon

City of Vancouver Constructing Hope Pre-Apprenticeship Program Daughters of the American

Revolution

Portland Chapter of Delta Sigma

Theta Sorority, Inc.

Friends of the Columbia Gorge

Friends of Trees **GMO Free Oregon** **Grant High School Key Club Hands**

On Teamworks Alumni

I-84 Paving Project **IRCO-Summerworks**

Janus Youth Job Corps

Kaiser Permanente

Kiwanis Club of Portland Lewis & Clark College LIFE Fellowship Church

National Federation for the Blind

New Seasons Market Occupy Portland Oregon Kickball Club

Peace Dragon Warriors Paddling

Peninsula Children's Center

Peninsula K-8 PTA

PEO Chapter EG

Portland Pearl Rotary Club

Portland Taiko Power Past Coal

Q-Center Reed College

Sirens Dragonboat Team Springdale Job Corps Center Stack Exchange Bicycles **Stumptown Crawlers Sunday Streets Alive**

Sync or Swim Dragonboat Team

Tide & Paddled Dragonboat Team Timbers Army Tour de Cure

Trinity Lutheran Church & School

Trusty Switchblades University of Portland Waverly Heights UCC

Sponsorships and Fundraising

In-kind and cash contributions were solicited from individuals, groups, and businesses. Sponsorships, grants, vendors, and individuals have netted \$269,999. This includes 2,000 individual donors.

2013 Sponsors

Kaiser Permanente REI **Universal Cycles NW Natural** Metro **AARP of Oregon** Whole Foods Marinello Schools of Beauty Clif Kid/Clif Bar **Bureau of Environmental Services Bike Gallery** Bureau of Planning and Sustainability Jewish Federation of Greater Portland Franz Bakery

Food Front **Partyworks NW Health Foundation**

Port of Portland Bike N Hike

Pickett Dummigan LLP































NORTHWEST HEALTH

FOUNDATION





PICKETT







lewish Federation



THE **STRENGTH** OF A PEOPLE. THE **POWER** OF COMMUNITY.



15

Resources - Sunday Parkways 2013 Budget

The final budget reflects cost savings and significant in-kind contributions by sponsors and Portland Parks and Recreation Bureau.

2013 Sunday Parkways E	xpenses			
Materials and Services		Budget for 1	Budget for 5	Actual
Logistics Traffic Control				
Police, traffic flaggers, signage				\$103,080
Volunteer Management and Organizing		\$48,096	\$240,480	
				\$95,074
<u>Outreach</u>				
Flyers, mailers, fundraising, and collatera	al			
material		\$10,820	\$54,100	\$41,983
Day of Event				
Porta potties, dumpsters, tables, chairs,	bike			
parking, signage, supplies, & entertainme	ent	\$7,800	\$39,000	\$33,125
Total of Materials & Services		\$66,716	\$333,580	\$273,262
Active Transportation Division Staffi	ng ¹			
Program Manager	40%	\$8,982	\$44,911	\$46,087
Event and Logistics Manager	40%	\$9,217	\$46,087	\$44,911
Community Outreach Manager	40%	\$8,204	\$41,022	\$41,022
Staff Assistant/Organizer	67%	\$4,080	\$20,400	\$20,400
Course Mapping Technician	20%	\$2,400	\$12,000	\$12,000
Staff Overtime		\$400	\$2,000	\$2,317
Total Staffing Costs	2.1 FTE	\$33,284	\$166,420	\$166,737
Expenses Grand Total Budgeted		\$100,000	\$500,000	
Expenses Grand Totals	to date			\$439,999

2013 Sunday Parkways Income	Budget for 1	Budget for 5	Actual
City of Portland	\$34,000	\$170,000	\$170,000
Activity and Food Vendors	\$6,000	\$30,000	\$32,647
Individual Contributors	\$6,000	\$30,000	\$23,176
Kaiser Permanente Presenting Sponsorship ²	\$20,000	\$100,000	\$100,000
Sponsorships	\$31,800	\$170,000	\$114,176
Income Grand Total Budgeted	\$94,800	\$500,000	
Income Grand Totals to date			\$439,999

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¹ Portland Police, PBOT Traffic Investigations and Bureau of Maintenance, and a portion of Portland Parks and Recreation Sunday Parkways staffing expenditures are included in Materials and Services expenses.

² Kaiser Permanente donated all graphic design work, signage and other in-kind support in addition to \$100,000 in direct cash sponsorship.

2013 Portland Sunday Parkways Event Schedule

May 12 East Portland Sunday Parkways – Mother's Day

Ed Benedict Park, Gilbert Heights Park, Foster Floodplain Natural Area, Springwater Corridor, Glenwood Park, Lent Park

June 23 Northeast Portland Sunday Parkways

Rigler Elementary School, Woodlawn Park, Alberta Park, Fernhill Park

July 28 North Portland Sunday Parkways

Peninsula Park, Arbor Lodge Park, Kenton Park, McCoy Park, Columbia Annex Park, Willamette Bluff

August 25 Southeast Portland Sunday Parkways

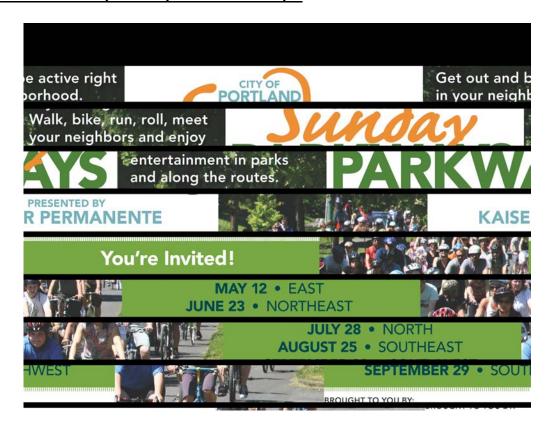
Colonel Summers Parks, Laurelhurst Park, Mt Tabor Park, Ivon Park

Canceled September 29 Southwest Portland Sunday Parkways

Gabriel Park, Hillsdale Shopping Center, Troy Marketplace, Multnomah Village
Due to a severe weather forecast and stormy conditions, this last event was canceled. The
primary consideration was safety of the participants on this hilly, tree-lined streets. The chance
for limbs and other debris along the routes and flooding along the walking routes made the
cancelation imperative.

Appendices

2013 Sunday Parkways Season-wide Flyer2013 Sunday Parkways Bandana with Route MapsSample 2013 Sunday Parkways BrochureSample 2013 Sunday Parkways Door Hanger





Sunday Parkways Bandana



Sunday Parkways Southeast Brochure/Mailer





PORTIAND
TRANSPORTATION
1120 SW 511 Average, State State
Portland, Oregon 97204-1914



Sunday Parkways is brought to you by:





















Sunday Parkways North Door Hanger





SUNDAY PARKWAYS IS JUST AROUND THE CORNER!

SUNDAY, JULY 28, 2013 11 AM - 4 PM

Sunday Parkways is a chance to get out, meet your neighbors and enjoy a 9.5-mile loop of traffic-free streets. Walk, bike, roll, or run and enjoy the many activities and entertainment in the parks along the two-way route with no start or finish.

See Map on Reverse Side

If your house is on the route:

- Please limit or postpone your driving between 11 a.m. to 4 p.m.
- If possible, park your car in the driveway or around the corner off the route. Some areas on route will be posted no parking.
- Volunteers will escort you or your guests if you need to drive on the route to get to or from your house.
- Many of the major streets and bus routes in the area will be open so there are plenty of alternate routes available.
- Willamette Blvd. will be closed to auto traffic along the route.
- Let friends and visitors know about the event and traffic-free streets.

For more information or TO SIGN UP TO VOLUNTEER

www.portlandsundayparkways.org 503-823-7599

PortlandSundayParkways@portlandoregon.gov