

2012 Portland Sunday Parkways Report





KAISER PERMANENTE

City of Portland Bureau of Transportation Active Transportation Division October 31, 2012





2012 Portland Sunday Parkways

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Healthy Parks, Healthy Portland





























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IntroductionPortland Sunday Parkways 2012 Report

Portland Sunday Parkways is not about closing streets to cars – Sunday Parkways is about opening streets, connecting neighborhoods and people: bicyclists, walkers, runners, seniors, adults, and children all enjoying healthy physical activities right in their own neighborhoods. It shows off Portland's premier and new family-friendly bicycle routes called Neigh-

borhood Greenways and Portland's beautiful parks on these seven to nine mile routes with no start or end.

Portland Sunday Parkways fosters civic pride, stimulates economic development, and represents community, business and government investments in Portland's vitality, livability, and diversity.

Portlanders take great pride in their city. We are leaders in the green **Portland Sunday** economy, in walking and bicycling. Parkways promotes We have vibrant local business healthy active living corridors and active community through a series of free organizations. Sunday Parkways events opening the city's provides the opportunity to largest public space –its highlight all of these amazing streets-to walk, bike, assets during these safe, fun and roll, and discover active wildly popular community events. transportation.

Approximately 103,000 Portland area residents and visitors walked, biked, jogged, and rolled during the five Sunday Parkways in 2012.

Sunday Parkways is modeled after Bogotá, Colombia's Ciclovías held every Sunday on 70 miles of streets. This year Portland helped the Partnership for a Healthier America to expand their "Play Streets" movement to expand Sunday Parkways or Ciclovía programs all across the United States. Portland Sunday Parkways staff worked with the "Open Streets" initiative to develop their Open Street Guide using Portland as a model for publicly led and public/privately funded programs.

The long term transportation, health and community benefits can not be overstated. When people discover just how much fun it is to walk, bike, roll, skate, and stroll (again) and how easy it is to be physically active during Sunday Parkways, they are choosing to experience "Sunday Parkways Every Day" – walking to the store, riding with their families, playing in the parks.

The 2012 Portland Transportation program expanded and improved the program in several ways:

- ★ More healthy food and farmers market vendors were recruited in 2012 with fruits, vegetables and healthy snacks available at the events.
- ★ Southwest Trails Group assisted in hosting the first walk-only route showing off Portland's adopted Urban Trail System including stairs and off-street paths. This was paired with an Every Body Walk guided walk.
- ➤ Portland Sunday Parkways was held for the first time in Southwest Portland a hilly section of town. Anchored by two vibrant business districts, Multnomah Village and the Hillsdale Shopping Center, making this event the first major street focused Sunday Parkways for Portland.
- ★ Intersection Superhero volunteers from community groups and service organizations were given the option of donating \$20-25 per intersection shift covered as a fundraiser for their group.

Favorites: The guy in the banana costume, the woman standing out in front of her house with the pet chicken on her shoulder, and the little kid we passed on his bike who was shouting, "Dad, this is the best day EVER!".:)

– Aja Bogdanoff,
Facebook fan

Portland Transportation has organized Sunday Parkways since 2008 with growing participation and even more widespread media and online coverage. In 2012, over 200 articles and blog stories were circulated about the 2012 Portland Sunday Parkways program – 33% more than in 2011. Media outlets include *The Oregonian, Portland Mercury, Willamette Week,* most television

stations, weekly, business, and neighborhood papers, radio stations, and at least 102 area blogs and web postings from every constituency including, TravelOregon, BikePortland.org, Constructing Hope, Yelp, Dunlap Mortgage, NW Kids, Go Woodlawn, Jack Bog's Blog, and Portland Community College. In all, Sunday Parkways garnered over 36 million advertising and publicity impressions in 2012.



Portland Sunday Parkways has been funded each year, in large part, by grants and sponsorships from Kaiser Permanente, Universal Cycles, Metro, Getaround, NW Health Foundation, and other businesses, agencies, and individual donors. The City of Portland contributes one third of the funds allocated towards staff time to organize and implement Sunday Parkways.

Background

Sunday Parkways in its fifth year has become a community institution. It highlights Portland as a walkable and bikeable city. Cities around the country have come to expect Portland to lead with smart innovations and ideas. Health, transportation, recreation, environmental, community, and safety interests all benefit from these kinds of strong partnerships implementing Sunday Parkways. Sunday Parkways offers five opportunities for neighbors to get out and stroll or bike or roll without car traffic. Portland held the first successful Sunday Parkways in the nation in June 2008 with 15,000 participants.

Sunday Parkways are defined as "soft" street closures where residents along the routes have access to their driveways, but all others are restricted from driving on the streets. This creates a reasonably traffic-free environment where families can feel comfortable having their children literally play in the streets. Routes include as many Neighborhood Greenways and cycletracks (bikeways on busy streets physically separated from cars) to show off where people can bike and walk safely every day.

The primary goals for the project are:

- ★ Increase the health and physical activity of all Portland residents
- ★ Reduce dependence on the car for all transportation trips
- ★ Prioritize participation and outreach to lowincome and communities of color who are at high risk for diseases related to lack of physical activity and obesity such as diabetes, heart disease, and other ailments
- ★ Increase neighborhood awareness and raise acceptability of bicycling and walking as modes of travel
- ★ Increase economic opportunities for local businesses
- ★ Increase environmental and climate change awareness
- ★ Increase neighborhood mobility and livability
- ★ Increase awareness and messaging regarding healthy eating as part of healthy living

Specific Goals

The goal for 2012 Sunday Parkways was to reach all Portland residents at least three times with messages about Sunday Parkways and messages related to healthy activity, active transportation, and climate change through media, mailings, internet, and email venues. With 33% more media stories and blog postings, and the mailings and other communications, this goal was certainly met and exceeded.

- ★ Recruit 115,000 participants to walk, bike, skateboard, roller skate/blade, and roll (with mobility devices) for all five events. Actual: 103,350 participants.
- ★ Involve 200 neighborhood/business associations and other community organizations and area places of worship in the planning and implementation. Actual: 226 plus organizations were involved in 2012.
- ★ Reach all area residents within two blocks of a designated route at least seven times with Sunday Parkways messages. Actual: Met.

- ★ Place 30 major media stories in area papers, newsletters, radio, and television outlets. Exceeded: There were over 85 major media stories plus more than 165 blog, newsletter, and calendar posts.
- ★ Engage 65 physical activity and fitness-related vendors. Recruit 3-5 additional healthy food vendors for each event. Actual: Met.

What follows is an outline of program activities and how they played a part in reaching the primary and specific Sunday Parkways goals.

Program Activities and Outcomes Sunday Parkways Participants

In the 2012 Sunday Parkways season,103,350 participants walked and biked and enjoyed these five events. This is 11,650 less than the goal. The primary reason for the lower atten"What a great, healthy, fun, FREE, family day yesterday! Thank you so much for such a great event. I think our family spent a hour and half alone at Gabriel Park... there was just so much to do! AWESOME!"

- Christie Stewart

dance was the newest southwest route with only 10,800 attending. This was more than 10,000 fewer than on a typical Sunday Parkways. Mitigating factors include the topographical challenges of the southwest hills, the cold and wet day in July, and a boil-water alert that had residents scrambling for potable water to address a compromised reservoir. All four other events were wildly successful with 14,600, 23,700, 26,000, and 28,250 participants.

In 2012, Portland Sunday Parkways focused on working with places of worship in and around the routes. The program went from a dozen places of worship in 2011 to at least 39 in 2012. These community institutions have embraced Sunday Parkways as a way to give back to the community where they worship and to address the needs of their members to become healthier and connected to the larger Portland community.



Starting in 2010, organizers began focusing on specific constituents to expand participation: families with children, low-income residents, and people of color. These communities are less likely to incorporate physical activity into their daily activities and are also at higher risk for health problems related to inactivity. This outreach and program now constitutes a core element of Sunday Parkways. Sunday Parkway surveys for 2012 show increased participation by lower-income families, people of color, Hispanics, families with young children, and younger adults. Participants state that Sunday Parkways is a positive factor in increasing their walking and bicycling as part of their everyday transportation.

The May event fell early in the season on Mother's Day, May 13th. Northeast residents came out in droves! The weather was perfect and there were many stories of moms so excited to spend their special day out riding with their families instead of just going for brunch. Twenty-eight thousand two hundred and fifty residents crowded the streets and area parks.

Portland Sunday Parkways celebrated its fifth anniversary in North Portland at the June

event. Fifty community leaders and elected officials were on hand for a two-mile guided bicycle ride plus a lunch hosted by presenting sponsor Kaiser Permanente. The route was modified to close much of Willamette Boulevard creating spectacular views and carefree riding, walking and jogging for the 23,700 participants. North Portland's expanded route again included riding through

New Columbia – a newly constructed mixedincome community of houses with high percentages of people of color, immigrant and refugee and low-income families. Many community groups and agencies assisted in engaging members of this new development highlighting the fresh food market opened in 2011.



The July Sunday Parkways ventured into the southwest hills of Portland. Community members, neighborhood associations, and the two area business districts wrote letters, sent emails and called the Bureau of Transportation and City Council to encourage Sunday Parkways to come to their area of town. Route planning was guite the challenge with little street connectivity, steep hills on streets without curbs or sidewalks, and many residences that either lived on the route or had to drive on the route to leave or return home. These neighborhoods also boast dozens of active, large places of worship. On the plus side, Southwest Portland has a spectacular walking Urban Trail System to make walking an excellent choice for getting around.

Even with significant traffic issues, 10,800 neighbors came out to enjoy the walk-only route and bike/walk route. The Hillsdale Shopping Center and Multnomah Village business districts were packed with event goers. Approximately 75 people, many of whom were Kaiser Permanente doctors, participated in the Every Body Walk guided 2-mile walk.



The August event in Southeast Portland enjoyed 26,000 participants on the nine-mile

route. In southeast, Portland Sunday Parkways partnered with the Hawthorne Street Fair promoting a vibrant and growing small business corridor. Universal Cycles, a Champion sponsor of the 2012 season, is located right along the route and hosted a pet adoption center. The Bicycle Transportation Alliance along with the Portland Police Bureau and the freight community set up a truck/bike safety station along the route giving cyclists a chance to sit in a large truck cab and experience what a trucker sees while driving with bikes on the road.

The September event in East Portland enjoyed 22% more participants and 30%

more vendors. Every street and path of East Sunday Parkways is a designated bikeway – primarily Neighborhood Greenways which are low-traffic streets with amenities to make walking and cycling easier and safer. These streets are great alternatives to riding and walking on the major thoroughfares in this part of town. Organizers worked with the Bureau of Environmental Services to show off their newest project – the Johnson Creek Watershed. The agency has removed streets and rerouted Johnson Creek to reduce area flooding.

Community Outreach and Media

Sunday Parkways outreach efforts reached every Portland resident at least three times. Most were reached via the extensive media coverage both before and after the events. There were three Sunday Parkways pieces printed and distributed to residents in each area of Sunday Parkways: two mailers to all area residents plus a door hanger to households along the routes or who had to access the route to leave or return home.



One thousand Sunday Parkways posters were posted and 54,000 general Sunday Parkways flyers were distributed in Portland venues including community centers, bike shops, libraries, local businesses, community events, school-based health centers, and coffee shops. An additional 18,000 flyers in Spanish were distributed during events and to organizations, churches, and other venues with Spanish-speaking members, customers and visitors.

Thirty Kaiser Permanente health message onroute sandwich boards with images and slogans designed to encourage healthy, active living were placed along the routes and in parks. Again, participants loved them – volunteers and staff overheard and received many positive comments regarding this addition to the routes. Lawn signs were also distributed to area residents for each Sunday Parkways. Currently, Sunday Parkways has 6,455 Facebook "Likes" with 55,500 daily reaches for each month during the season. The Twitter account has 775 followers. PortlandSundayParkways.org is again the most popular web page in the City of Portland PortlandOregon.gov website. ORBike.com produced and sent out five Portland Sunday Parkways e-newsletters to 13,000 Portland area residents. Active Transportation sent out ten email blasts to the 13,500 former and current SmartTrips Portland residents who have requested information in the past on alternative transportation.

Every place of worship in the area affected by Sunday Parkways received two letters, plus phone calls. If needed, Sunday Parkways posted lawn signs to remind members that the event was coming to the area. This resulted in an enormous jump in participation by places of worship from a dozen to at least 39. Several churches located on the southwest and southeast routes rented bouncy houses, had bands play, and gave out water and other treats. These community institutions took the opportunity to give back to their neighborhoods and activate their members.

There were over 250 media stories in a variety of state, regional and local papers, and radio and television stations. Primarily, the messages are about getting families out on their bicycles and in the parks to enjoy the fun physical activities offered. Other messages focused on the financial support from the City and Kaiser Permanente. The southwest event garnered the most press featuring a pull out in *The Oregonian* Arts and Entertainment section with a map and articles.

Venues included:

Print, Television & Radio

The Oregonian

Portland Tribune

Willamette Week

The Portland Mercury

The Skanner

The Asian Reporter

KATU Television

KGW Television

KOIN Television

KPTV FOX 12 Television

KEX Radio

KXI Radio

KINK Radio

Internet and Online (Partial list)

Oregonlive.org

BikePortland.org

UrbanMamas.org

PDX Pipeline

Metro Parent

Neighborhood Notes

Dave Knows Portland

Food Carts Portland

ORBike

Bicycle Transportation Alliance blog

Yelp

Elders in Action

HandsOn Greater Portland

Portland Craigslist

Metro News

Portland Transport

NW Kid Chasers

Physical Activities

Sunday Parkways centers on getting residents outside doing healthy, physical activity. Most take this car-free opportunity to ride their bicycles and stroll along the avenues. There are also roller skaters, street skiers, unicycle riders, and all manner and shape of two- and three-wheel conveyances. Anecdotally and from surveys, many participants have not ridden their bicycles in years or have just discovered parks near their neighborhoods that they did not know about to take their children to play. They see just how safe, easy and convenient it is to ride their bikes or walk to a nearby park to get some physical activity and have some family recreation time.

These linear parks on Portland streets are complimented with three or four activity areas in parks and other open spaces. In partnership with the Portland Bureau of Parks and Recreation. fitness and dance classes were held on small stages with Parks fitness instructors. Participants danced and stretched and Zumbaed. These activities were a big hit this year with much larger classes and greater participation. Neighbors scheduled their Sunday Parkways day around making one or two of these classes. Parks also provided a dozen other activities: Senior Bikes, basketball clinics, skate ramps and rails, climbing wall, Free For All games, volleyball, indoor gymnastics play mini course, tetherball, children's obstacle course, splash parks, slip and slide, soccer matches, and climbing structures.

Activities from other vendors and community groups included:

Universal Cycles bike polo Bike Gallery slow bike races ClifKids Backyard Games Partyworks bouncy houses Northwest Trail Alliance bike skills track Oregon Disability Sports basketball Bicycle Transportation Alliance bike smoothies Portland Pounders wheelchair rugby Oregon Walks Mobile Dance Party Rose City Roamer and Royal Rosarian walks Recesstime sports Circus Cascadia children's circus and games Soccer camps and pick up games Hoopshine hula hooping PDX Hoops basketball clinics Fitness challenges Slackline walking Mini disk golf

Dodgeball

Rowina

Kickball

Jazzercise

Bocce ball

Every park had a bike repair station sponsored by Universal Cycles, Bike Gallery, REI, Bike N Hike, and other local bike shops.

Anyone interested in engaging their bodies in physical activity could find a venue to enjoy the day.

Community Organizing

Portland Sunday Parkways worked with all neighborhood and business associations and over 275 other advocacy groups, community organizations, schools, faith-based, walking, bicycling, environmental, and disability community groups, New Portlanders (immigrants and refugees), seniors, volunteer organizations, and social service agencies to involve them in the planning and implementation of the five events. This organizing effort included significant outreach to residents and businesses affected by each route.

Engaging civic, faith-based, New Portlanders, youth, aging, and under-served communities is of paramount importance to Portland Sunday Parkways. Opening the city's largest public space – its streets – for active transportation to all residents; having the routes' diverse communities represented by vendors; and featuring park programming involving these communities as instructors and participants has become more successful with each season.

A growing knowledge of Sunday Parkways in these communities along with continuing encouragement, suggestions and examples for involvement increased participation in Sunday Parkways this year. What follows are a few of the community organizing efforts that were successfully implemented in 2012.

At the Sunday Parkways event held in Northeast Portland the Safe Routes to School team conducted bike rides with 15 youth from Hacienda. The African Youth Community Organization (AYCO) organized soccer matches in Fernhill Park.

In North Portland, Sunday Parkways worked very closely with the New Columbia community: residents, We All Can Ride Bicycle Club, Village Market, Village Gardens, Janus Youth, Home Forward, and Guardian Real Estate Services. This was a partnership with the Community Cycling Center. Sunday Parkways hosted a Marketplace in the area. The Bike Club helped promote the event and co-led rides with Safe Routes to School. About 39 youth participated in the guided rides. Residents came out and enjoyed the festivities in their neighborhood park (McCoy) and explored other parts of North Portland. The New Columbia community was excited to have thousands of people come through and experience the positives of the neighborhood. They want to continue the community building and engagement in 2013.

In lieu of its regular service, North Portland Peninsula Church of Christ had a free fresh fruit and water station in the Columbia Park Annex Marketplace. Oregon Disability Sports organized a youth Handcycle ride during the north event and demonstrated its athletes' prowess on the basketball court at Peninsula Park.

The afternoon's entertainment on the Arbor Lodge Park stage was produced by the Colored Pencils Art Council. Performers included a singer from Russia, Ugandan drumming and traditional dance, and Bollywood dancing. Bollywood dancing was so popular they were invited back to star at later Sunday Parkways events.

The Peninsula School PTA wowed participants with healthy drinks and snacks, music, chalk art, and bubbles at the intersection of N. Halleck and N. Emerald by the school.

For our first ever event held in Southwest Portland there was overwhelming support from and participation by the faith-based communities. Through communications with the places of worship, most promoted the event through newsletters and announcements at worship services:

Riversgate Church had information on its international relief work and children's activities in front of the Multnomah Arts Center. Children enjoyed a bouncy house, cake walk, fishing for prizes, and other kid-friendly games.

- ★ Saint Barnabas Episcopal Church's site at the Vermont/Wilson Marketplace created much excitement. The church provided volunteers and materials to help decorate wheel spokes with colored straws.
- ★ Mittleman Jewish Community Center offered free chair massages in Gabriel Park.
- ★ St. Luke Lutheran Church and an affiliated partners group offered information on the area's new community recycling program which collects and disposes of non-curbside recycling items.
- ★ Other churches offered their parking lots to participants or provided volunteers to ensure congregations would have familiar faces helping to direct traffic after services.

In front of the Maplewood School, the Maplewood Neighborhood Association touted the 100th birthday of the school and improvements to April Hill Park.

Southeast Portland's Sunday Parkways had its own share of places of worship participation. In particular, the Lincoln Street Methodist Church, celebrating its 100th anniversary, offered birthday cake; children's activities; arranged for live music; and let Sunday Parkways participants ring the church bell! The Portland Mennonite Church had a free water station and Otter Pops.

On Mt. Tabor the Friends of Mt. Tabor Park held a Native Plant and Weed Warriors Site Walk. While in Colonel Summers Park, the Historic Buckman Association held its own offering interesting tidbits on the area and getting new members.

For the final event of the season in East Portland, Safe Routes to School organized community rides for youth at: Africa House and El Programa Hispano. The Lents-Gilbert Church of God offered free hot dogs and cold bottled water for its third year.

Many other area health professionals, recreational and physical activity organizations and businesses offered the opportunity to participate in activities at Sunday Parkways highlighting health and physical activity messages.

The following is a partial list of those groups actively participating with Sunday Parkways:

Organizations

AAA Oregon/Idaho

African Youth & Community

Organization

AFSCME 189 City of Portland

Employees Union

AFS-USA Intercultural Programs

Andeo International Homestays

Audubon Society

Black United Fund

Boys & Girls Aid/ODHS

Buckman Historic Association

Camp Fire Columbia

Cascade Prime Timers

Charlie Hales for Mayor

Colored Pencils Art & Culture

Council

Community Energy Project

Community Recycling

Constructing Hope Pre-

apprenticeship Program Creative Advocacy Network

Daybreak Co-housing

DRW, LLC

Eileen Brady for Mayor

Farm My Yard

Friends of Mt. Tabor Park

Friends of Peninsula Park Rose

Garden

Friends of Portland Community

Gardens

Friends of Trees

Graceful Space Organizing

Services

Green Mountain Energy

Hannah the Pet Society

Harper's Playground

Health Care is a Human Right

House of Dreams Free Roam No.

Kill Cat Shelter

Jefferson Smith for Mayor

June Key Delta House

Kiwanis Club of Portland

Multnomah Historical

Association

NARAL Pro-choice Oregon

National MS Society, Oregon

Chapter

North Portland Air Quality

Northwest Children's Theater and School

npGreenway

OPAL Environmental Justice

Oregon

Oregon Ferret Shelter

Organizing for America

Oregon Children's Theatre

Original Practice Shakespeare

Fest (OPS Fest)

Our United Villages

P.E.O. EG Chapter

Partners of the Americas - OR &

Costa Rica

Portland Central American

Solidarity Committee -

Immigrant Rights Committee

Portland Alumnae Chapter Delta

Sigma Theta Sorority, Inc

Portland Fruit Tree Project

Power House Mentoring Program

Power Past Coal

Rock n Roll Camp for Girls

Rose City Youth Group - Ortiz

Center

Royal Rosarians

Russell Brownver

Slow Food Portland

Somali Bantu Community

Organization of Oregon

Somali Bantu Drummers

Surfrider Foundation, Portland

Chapter

The Feral Cat Coalition of Oregon

The Portland Recorder Orchestra

Tim Volpert Campaign

Timbers Army/107st

Verde/Let's Build Cully Park

Voter Registration, Non-partisan

Wendy's Wonderful Kids at Boys

& Girls Aid

Women in Transportation

Seminar Portland Chapter

Women of a Certain Age

Woodlawn Home Community

Youth Empowered Action Camp

Health Care:

Albertina Kerr Centers

Alzheimer's Association

East West College of the Healing

Arts

Kaiser Permanente

Multnomah Family Care Center

National Psoriasis Foundation

Nat'l MS Society - OR Chapter

Northwest Permanente

Omega-3 RD Nutrition

Consulting

Oregon Washington Lactation

Association

Pediatric Associates of the

Northwest

Tom Sargent Safety Center/OHSU

Doernbecher Children's Hospital

Trauma Nurses Talk Tough

Physical Activity/Bike/Walk **Groups:**

ABC Bike Comité – Hacienda

Baxter Sports Summer Camps Bicycle Transportation Alliance

Bike Temple

Bikes for Humanity

City of Portland Pedestrian

Advisory Committee

Community Cycling Center Northwest Trail Alliance/Gateway

Green

Oregon Disability Sports

Oregon Walks

Portland Ultimate Flying-Disc

Federation

Portland Wheelmen Touring Club

RecessTime Sports Leagues

Rose City Roamers

Rose City Rowing Club

SHIFT

SW Trails Group

Studio X Fitness

Tide 'n Paddled

Underdog Sports League

We All Can Ride – New Columbia

Women on Wheels

Neighborhood Groups:

Arbor Lodge Neighborhood Association

Buckman Neighborhood Association

Central Neighbors Northeast Concordia Neighborhood Association

Concordia Neighborhood Association Tree Team

Cully Neighborhood Association East Portland Neighborhood Organization

East Portland Action Plan Bike Committee

Hayhurst Neighborhood Association

Hillsdale Neighborhood Association

Hosford-Abernathy

Neighborhood Association

Kenton Neighborhood

Association

Kerns Association of Neighbors King Neighborhood Association Laurelhurst Neighborhood

Association

Lents Neighborhood Association Maplewood Neighborhood

Association

Mt. Tabor Neighborhood Association

Multnomah Neighborhood Association

North Portland Neighborhood

Services North Tabor Neighborhood

Association

Northeast Coalition of Neighborhoods

Piedmont Neighborhood

Association

Richmond Neighborhood

Association

Sabin Neighborhood

Association

South Burlingame

Neighborhood Association

Southeast Uplift

Southwest Neighborhoods Inc. Southwest Neighborhoods Inc. Transportation Committee Sunnyside Neighborhood Association

University Park Neighborhood Association

Vernon Neiahborhood Association

Woodlawn Neighborhood Association

Agencies/Utilities:

Africa House

Asian Family Center Bureau of Environmental Services: Columbia Slough, Green Streets, Watershed Education, Grey to Green, Johnson Creek Restoration Bureau of Planning and Sustainability: SW Corridor Plan

Bureau of Transportation: Safe Routes to School

Bureau of Water Works

City of Portland Your Sustainable City

Columbia River Crossing

East Portland Community Center

East Portland in Motion El Programa Hispano

Hacienda CDC

Hillsdale Community Center

Home Forward

Immigrant and Refugee Community Organization

Islamic Social Services of Oregon

State (ISOS) Janus Youth

Loaves and Fishes

Metro

Montavilla Community Center Multnomah Arts Center

Multnomah County Office of Citizen Involvement

Northwest Family Services

NW Natural

Oregon Zoo Animal Presenters Pacific Power Blue Sky

Peninsula Park Community Center

Port of Portland

Portland Memory Garden Portland Parks and Recreation: Summer Free for All. Senior Recreation Bikes, Soccer

Program

St. Johns Community Center TriMet

University Park Community Center

Places of Worship:

Bethany Lutheran Church Celebration Tabernacle

Church of Christ

Church of Christ - Peninsula

Church of Korean Martyrs

Cornerstone Community Church

Daniels Memorial Church of God

Grace Presbyterian Church

Greater Portland Bible Church

Hillsdale Community Church Hinson Memorial Baptist Church

Holgate Baptist Church

Iglesia ni Cristo

Jehovah's Witnesses Mock's Crest Lincoln Street United Methodist

Church

Lents Baptist Church

Missio Church

Mittleman Jewish Community

Center

Mt. Olivet Baptist Church

Multnomah Presbyterian Church

Northminster Presbyterian

Church

Peace Lutheran Church Peninsula Baptist Church Peninsula Church of Christ

Portland Mennonite Church Rivergate Community Church

Riversgate Church

Saint Barnabas Episcopal Church Saint David of Wales Episcopal

Church

Saint John Fisher Catholic

Church

Saint Luke Lutheran Church
Saint Peter's Catholic Church
Saint Stephens Catholic Church
Shir Tikvah, Liberal Jewish
Congregation
Trinity Lutheran Church
University Park Baptist Church
West Hills Christian Church
West Hills Friends Church
Your Bible Speaks

Schools:

Cathedral Park Preschool
Earl Boyles School
Gilbert Heights School
Gilbert Park School
Lents School
Peninsula K-8 PTA
Portland Community College
Rieke School Fundraiser
Rosa Parks School
Sunstone Montessori School
SW Charter School
Portland State University: School
of Community Health, Portland
Event Recycling
West Powellhurst School

Business Outreach

All neighborhood business associations recognized by the City's Office of Neighborhood Involvement were contacted via phone, email, business association meetings, mailings, and/or event flyers. The Hillsdale Business District Association and Multnomah Village Business Association collaborated with Sunday Parkways to anchor the southwest event with these two vibrant retail business centers. The Hawthorne Business Association annual street fair was again held to coincide with the Southeast Sunday Parkways.

Like last year, participants got a chance to shop, eat and converse with local businesses and organizations while leaving the parks set as activity zones. The number and diversity of vendors has exploded with an average of 60 per event. This year with the southwest businesses located right on the route, even more small businesses got a chance to promote their shops to participants.

"Gotta love Portland!
Such a Portland
moment ... just
donated my 10 cent
bag refund at Whole
Foods to Sunday
Parkways ;-)."
Twitter Follower



In 2012, several vendors with healthy food options were recruited to participate. The Portland Farmers Market, Kiyo-kawa Family Orchard, and Village Market sold fruits and vegetables. Two new Sunday Parkways sponsors, Whole Foods and Food Front, did sampling of fresh food and berries as part of their participation. Organizers also worked with the places of worship that in previous years handed out candy to riders and walkers to get them to distribute healthier alternatives like water and watermelon.

Sunday Parkways staff worked once again with organizations focused on minority and up and coming entrepreneurs to fill in the food vending slots at all the parks and Marketplaces. All parks and Marketplaces sold out weeks before the events.

Businesses/Vendors:

Aaron Smith Magic

ADT Security

Alberta Healing Arts Center

Annie Blooms Books

Barefoot Books/Jennifer Butler-

Brown Bhaktishop

Bicycle Fitting Services

Bike Friday Bike Gallery Bike N' Hike BIKEASAURUS Broadway Cab Capoeira Ijexa Car2Go

Carroll Raaum Swing Orchestra

Circus Cascadia Clif Kids/Clif Bar

DJ Denver

Eagles of Freedom Flipside Hats

Food Front Getaround

Gifford Family Dentistry Good Sport Promotion

Grandma's Place

Greg Labavitch Soccer Camps Guardian Management LLC

Haircolor Salon Dirk
Heavenly Flowers
Hifi Mojo Band
Honky Tonk Prison
Inner Gate Acupuncture
Inspirational Beets

Keen

KIND Healthy Snacks Kitchen Compost Caddy

Korkage Kuzum

Liberty Mutual LUME Footwear

Marinello Schools of Beauty

Milagros Boutique

Mr. Ben

Mt. Scott Sleep Medicine & ENT

Mudtown Stompers

Multnomah Family Care Center

Natural Fitness

Nekked Bonz

Overlook Chiropractic Clinic

Paloma Clothing Paparazzi Accessories

Partyworks PDX Kids Calendar PDX Hoops

Pedal Bike Tours Peggy Sundays

Portland Jazzercise Fitness

Center

Portland Jugglers Radz Candy Dispensers

ReDirect Guide

REI

Roots and Wings

RydeSafe Reflective Bike Decals

Saraveza Sip D'Vine

Sit Means Sit Dog Training Spa Upstairs & Vis A Vis Salon

Sparkle Movement

Supervisor
Sweetwares
Tellurian Gardens
Third Way Chiropractic

Topanien Tutor Doctor Universal Cycles Uppity B

Village Market Walgreens #5572 The Walking Company Whole Foods Market

Yoga Pearl ZipCar

Zuke's Fuel the Love Tour

Food Vendors:

Al Forno Ferruzza Baker & Spice Bakery Beaterville Café Brazi Bites

Bro-Dogs

Caribbean Kookpot Chi-Town Dog

Da Pressed Coffee Cart Einstein Brothers Bagels

Fifty Licks Firebird Café Fuego

Headwaters Café Home Plate Sliders Hungry Heart Cupcakes Impact NW – Voodoo

Doughnuts

Island Daydream Shave Ice

Kathmandu Café

Kiyokawa Family Orchards

Masala Pop

Micro-Mercantes/Hacienda CDC

Mita's Italian Ice Mizz'ipi Sistah Chefs Moberi Smoothies Mom's Vegan Kitchen My Mama's Gumbo & More

Pedal Kettle Pizzacato

Pop/Corn Publishers Portland Farmers Market

Po'Shines Café

Proyecto La Esperanza River City Roasted Corn Rivers West Catering Ruby Jewel Treats Saigon Kitchen Salvador Molly's Saucy's BarBQue

Scoop Organic Ice Cream

Soup Cycle Super Dog Taco Pedaler Thrive Pacific NW Tubby's Italian Ice Tula Gluten Free Bakery

Two Wahines Hawaiian Shave Ice

Tye Dye Pie Verde Cocina Village Crepery Vitamin Water

Zuppa

Business Associations:

Hawthorne Blvd. Business

Association

Hillsdale Business & Professional

Association

Hillsdale Main Street

Multnomah Village Business

Association

Volunteer Recruitment and Management

The five events required significant volunteer support on the day of the events as well as organizing the community prior to the events. Sunday Parkways engaged approximately 886 volunteers with 4,773 volunteer hours. This represents a jump of 36% volunteer hours over the previous successful year. Volunteers are recruited, managed and trained by Good Sport Promotion, Inc. in close coordination and with resources from Active Transportation. Other businesses and community organizations provide a significant number of volunteers for activities in the parks and along the routes. These volunteers are not included in these estimates of volunteers who make Portland Sunday Parkways a success.

All volunteers were trained online at registration and again on site for each event. Volunteer guides, maps, and other resources were provided to each volunteer along with snacks, water, and a t-shirt. Only volunteers could obtain the popular Sunday Parkways t-shirt. Volunteers who worked three or more shifts received the limited edition 2012 Portland Sunday Parkways bandana.

This year ten Superhero Coordinators were trained and deployed to assist in on-route management of the volunteers. Each Coordinator managed approximately one mile of route. This has become a vital role in effectively managing the seven- to nine-mile routes.

- ★ 97 intersections (average for each event) needing 145 intersection, mobile, and route set up and take down volunteers plus Superhero Coordinators. All totaled 1,029 volunteer shifts were filled for managing the traffic and participant movement along the routes or 3,624 volunteer hours
- ★ Parks/Marketplaces: 4-5 parks/marketplaces each event set up/clean up = 101 volunteers times approximately 5 hour shifts = 486 hours



- ★ Information booths/donation stations/ surveys: = 76 volunteers with 232 hours
- ★ Roving medics/mechanics/photographers: = 33 volunteers = 95 hours
- ★ Pre-event volunteer nights and ongoing office support: 151 volunteers = 338 hours

Instituted in 2011 were two ways for organizations and companies to volunteer as a group or to set up a table on route while volunteering for an intersection on route. Sunday Parkways offered \$20 to \$25 per intersection per shift donated to organizations in our priority groups such as communities of color, low-income, immigrant and refugee communities, and Spanish-speaking groups. These groups received \$7,550 in total for filling much needed volunteer spots.

Groups who were not in a position to afford the \$100 vendor fee took advantage of the volunteer opportunity to staff an intersection with their community group, take care of the volunteer need as well as promote their organization and its goals to participants.

The following is a partial list of organizations, groups and businesses providing Sunday Parkways volunteers. There were many more individuals and small groups that organized themselves into groups but were not specifically identified as "group volunteers" but did, indeed, volunteer as a group.

Organization Volunteer Groups:

ABC Bike Comite/Hacienda CDC

AFSCME Local 189 City of Portland Employees Union

Albina Head Start

Aurora Chorus

Bicycle Transportation Alliance

Bike Temple

Black United Fund

Camp Fire Columbia

Cascade Prime Timers

Chapter EG, P.E.O.

Constructing Hope

Cully Blvd Alliance

Delta Sigma Theta, Portland Alumnae Chapter

Farm My Yard

Friends of the Columbia Gorge

Friends of Trees

Good Sport Promotion

Graceful Space Organizing Services

Greater Portland Bible Church

Janus Youth

Kaiser Permanente

King Neighborhood Association

Kiwanis Club of Portland

LIFE Fellowship Church

Maplewood Neighborhood Association

National Psoriasis Foundation

Neighborhood House

Omega-3 RD Nutrition Consulting

Partners of the Americas - OR & Costa Rica

PCASC Immigrant Rights Committee

Pearl Rotary Club

Peninsula Children's Center

Power Past Coal

ReDirect Guide

Rose City Youth Group - Ortiz Center

Sierra Club

SMART Transit/City of Wilsonville

Somali Bantu Community Organization of Oregon

Sorella Forte

South Burlingame Neighborhood Association

Southwest Neighborhoods Inc

SW Trails

The Feral Cat Coalition of Oregon

Tide N Paddled

Tim Volpert Campaign

Timbers Army 107ist

We All Can Ride

Woodlawn Home Community

Sponsorships and Fundraising

In-kind and cash contributions were solicited from individuals, groups, and businesses. This year Sunday Parkways Every Dollar Counts campaign with direct mail, emails, online giving, and phone banks raised \$18,000 from individuals by the May 13th event. Sponsorships, grants, vendors, and fundraising efforts raised \$457,956. See next page for 2012 fundraising and income goals.

2012 Sponsors:

Kaiser Permanente Universal Cycles

Metro

Portland Parks and

Recreation Getaround

Bike Gallery

Port of Portland

REI

ODOT

Whole Foods Market

NW Health Foundation NW Natural

Clif Kids

Zuke's

Partyworks Food Front

Pediatric Associates of

the Northwest

Marinello Schools of

Beauty Bureau of

Environmental Service

Bike N Hike

Milagros Boutique Liberty Mutual

Home Forward



Resources - Sunday Parkways 2012 Budget

Early in 2012, the income budget was modified to reflect significant increases in sponsorships and donations and decreases in City of Portland funding. The City of Portland contribution was reduced from 53% to 36% of total income and expenditures.

Materials and Services	Per event	Actual for 5	
Logistics Traffic Control	\$21,010	\$105,050	
Volunteer Organizing	\$20,640	\$103,200	
Community Outreach	\$11,118	\$55,588	
Day of Event	\$8,671	\$43,356	
Total of M&S	\$61,439	\$307,194	
Staffing		% FTE	
Coordinator/Program Manager	\$9,225	\$46,124 40%	
Senior Planner	\$8,538	\$42,692 40%	
TDM II	\$6,812	\$34,060 40%	,
Organizer (Staff Assistant)	\$4,620	\$23,101 67%)
TDM Staff Overtime	\$957	\$4,785	
Total Staffing Costs	\$30,152	\$150,762	
Costs Grand Total	\$91,591	\$457,956	
Income			
City of Portland		\$170,000	
Kaiser Permanente Grant		\$100,000	
Activity and Food Vendors	\$5,904	\$29,521	
Individual Contributors	\$4,762	\$23,810	
Community Sponsorships	, , , , ,	\$134,625	
Income Total		\$457,956	

²Portland Police, PBOT Traffic Investigations and Bureau of Maintenance, and a portion of Portland Parks and Recreation Sunday Parkways staffing expenditures are included in Materials and Services expenses.

³Kaiser Permanente donated signage and other in-kind support in addition to \$100,000 in direct cash sponsorship.

2012 Portland Sunday Parkways Timeline

May 13 Northeast Portland Sunday Parkways

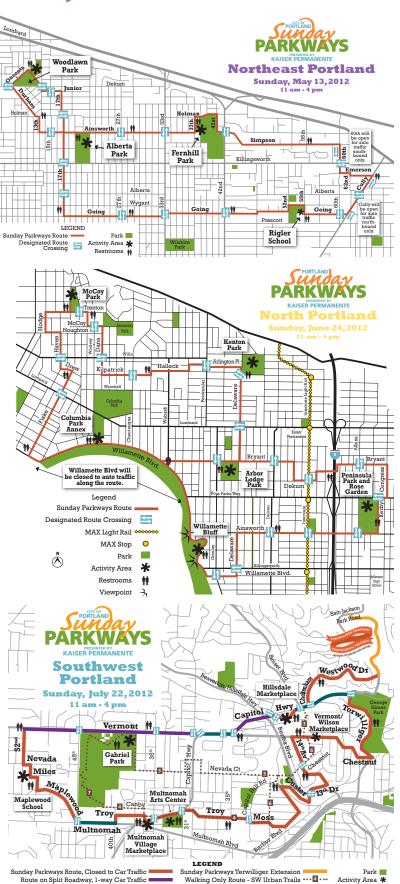
Located in the most densely populated Latino neighborhoods in Portland, this Mother's Day route included the Cully Cycletrack – a bikeway designed to separate cars and bicycles. It also showed off the Going Street Neighborhood Greenway – a low-traffic street where riders and walkers can experience something like a Sunday Parkways every day of the year.

June 24 North Portland Sunday Parkways

Celebrating the fifth anniversary of Sunday Parkways in Portland, Kaiser Permanente hosted a community leaders ride and lunch. Turn out was 24,000 for this north event featuring the Kenton, Arbor Lodge, and Peninsula Parks and the newer McCoy Park in the heart of New Columbia – a mixed-income housing project.

July 22 Southwest Portland Sunday Parkways

Showed off the Southwest Urban Trails with the first walk-only section of a Sunday Parkways event. Hillsdale Shopping Center and Multnomah Village, two vibrant business districts anchored this hilly ride and walk. Kaiser Permanente organized a 2-mile Every Body Walk guided walk with 75 participants.



Designated Route Crossing

Route on Split Roadway, 2-way Car Traffic

August 26 Southeast Portland Sunday Parkways

The southeast event again coincided with the annual Hawthorne Street Fair and highlighted activities in Laurelhurst, Colonel Summers, Ivon, and Mt. Tabor Parks which has a basketball court located on the now extinct volcano crater.



September 30 East Portland Sunday Parkways

East Portland neighborhoods include more children than any other part of town. This neighborhood was chosen to engage the school community in conjunction with Safe Routes to School International Walk + Bike to School Day held the first week in October.



Appendices

2012 Sunday Parkways Media Impressions and Collateral Materials Report

2012 Sunday Parkways Poster

Sample 2012 Sunday Parkways Brochure

Sample 2012 Sunday Parkways Door Hanger

2012 Media Impressions and Collateral Material

Portland Sunday Parkways enjoys substantial media coverage and impressions through the seven month season, mid-March to mid-October. What follows is a specific breakdown of the types of exposure afforded Sunday Parkways in 2012.

Portland Sunday Parkways Collateral Materials and Distribution

- ★ 11x17 All-season Portland Sunday Parkways poster – Distributed to 1,100 area businesses
- ★ 4x6 All-season Portland Sunday Parkways postcard 72,000 (54,000 in English, 18,000 in Spanish)
- ★ Mailers with return postcard 62,700 households
- ★ Door hangers along route 6,650 households
- ★ Event brochures/mailings 62,700 households plus 400 at events
- ★ Lawn signs 200 households
- ★ Sunday Parkways banners 6 per event or 30 banner placements
- ★ Marketplace and park signs 40 per event or 200 sign placements
- ★ Sunday Parkways traffic signs 300 per event or 1,500 sign placements
- ★ Sunday Parkways volunteer t-shirts 1,000
- Sunday Parkways bandanas 300
- ★ Neighborhood Greenways: Sunday Parkways Every Day postcards – 1,000

Traditional and Online Media

Over 250 different media/blog/stories with 36 million media impressions including the following venues:

Print, Television & Radio

The Oregonian
Portland Tribune
Willamette Week
The Portland Mercury
The Skanner
The Asian Reporter
KATU Television
KGW Television
KOIN Television
KPTV FOX 12 Television
KEX Radio
KXL Radio
KINK Radio
KROO Radio

Internet and Online (Partial list)

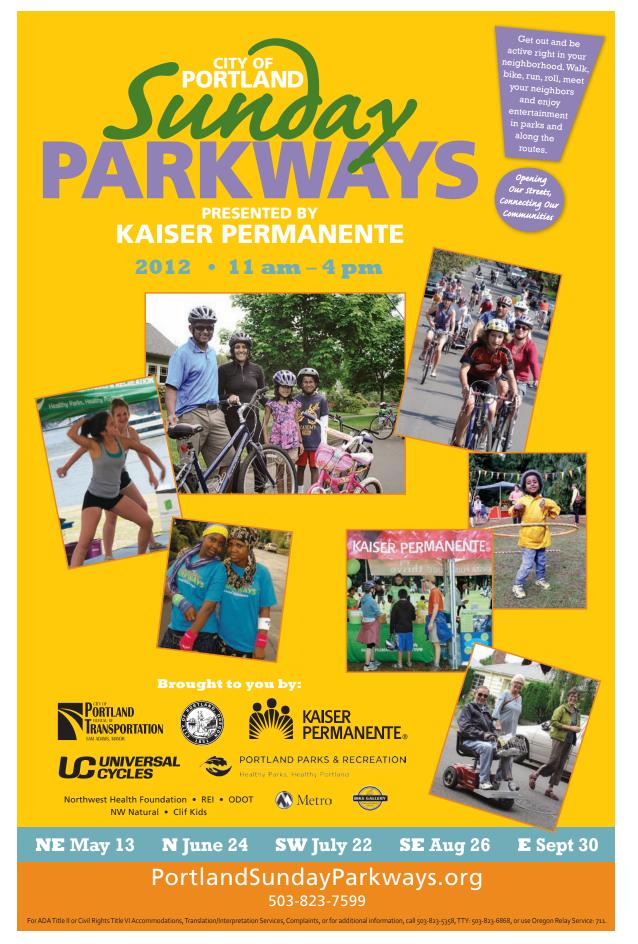
Oregonlive.org BikePortland.org UrbanMamas.org PDX Pipeline Metro Parent Neighborhood Notes Dave Knows Portland Food Carts Portland ORBike Forbes Online Bicycle Transportation Alliance blog Elders in Action HandsOn Greater **Portland** Metro News Portland Transport **NW Kid Chasers**

As part of Portland Sunday Parkways in southwest *The Oregonian* produced a pull-out section with articles, the route map and advertisers.

Social Media/Sunday Parkways E-Newsletter

Portland Sunday Parkways e-newsletter is distributed to 13,500 unique email addresses. Portland SmartTrips email blasts reach an additional 13,500 households with Sunday Parkways messages.

Currently, Sunday Parkways has 6,455 Facebook "Likes" with 55,500 daily reaches for each month during the season. The Twitter account has 775 followers. PortlandSundayParkways.org is the most popular web page in the City of Portland PortlandOnline.com website.









Opening Our Streets, Connecting Our Communities

Northeast Portland Sunday Parkways

Sunday, May 13, 2012 11 am - 4 pm route will be able to get to and from their homes: however, we strongly encourage you to postpone driving or limit your trips. There will be small barricades and volunteers at the intersections to manage



Portland Sunday Parkways is brought to you by:























Northwest Health Foundation • REI • ODOT • NW Natural • Clif Kids



Sunday Parkways is just around the corner!

> Sunday, May 13, 2012 11 am - 4 pm

Sunday Parkways is a chance to get out, meet your neighbors, and enjoy an 8-mile loop of traffic-free streets. Walk, bike, roll, or run and enjoy the many activities and entertainment in the parks along the twoway route with no start or finish.

See Map on Reverse Side

If your house is on the route:

- Please limit or postpone your driving between 11 am to 4 pm.
- · If possible, park your car in the driveway or around the corner off the route.
- · Volunteers will escort you or your guests if you need to drive on the route to get to or from your house.
- · All of the major streets and bus routes in the area will be open so there are plenty of alternate routes available.
- Let friends and visitors know about the event and traffic-free streets.
- Help us identify the route by requesting one of our special lawn signs for houses along the route.

For more information or TO SIGN UP TO VOLUNTEER

www.PortlandSundayParkways.org 503-823-7599

PortlandSundayParkways@portlandoregon.gov

City of Portland Bureau of Transportation Portland Sunday Parkways

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