

COVID-19 SAFETY

Safety Practices for Youth Participants



The safety of the people we serve is Portland Parks & Recreation's (PP&R) highest priority.

To protect youth and adults participating in summer programs from the spread of COVID-19, PP&R has developed enhanced safety plans informed by guidance from the Oregon Health Authority (OHA), the Oregon Early Learning Division (ELD), and the Centers for Disease Control & Prevention (CDC).

PP&R's COVID-19 responsive summer programming has been restored through the Parks Local Option Levy (Parks Levy) that Portland voters passed in November 2020. PP&R designed summer programming to meet public health guidance and to be flexible as conditions change.

PP&R sites and programs will operate at reduced capacity due to COVID-19 guidelines, and all programming is subject to change based on the most current public health guidance.

We want you and your family to understand how PP&R will protect youth from COVID-19 when they take part in our programs. Thank you for ensuring that young people taking part in PP&R offerings adhere to these COVID-19 safety measures, which PP&R staff also follow.

Please review the following information to understand the steps we've put in place to help ensure everyone's health and safety. Participants who exhibit COVID-19 symptoms or who may be potentially exposed are not permitted to take part in PP&R programs until cleared per ELD and/or OHA guidelines noted on page three.

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MANDATORY YOUTH PARTICIPANT PRACTICES FOR COVID-19 SAFETY



Parents should screen their child's temperature prior to arrival and exclude them if it's above 100.4 degrees fahrenheit. PP&R will monitor for symptoms during sign-in.



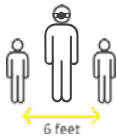
Frequent hand sanitation, upon arrival and throughout the day.



Frequent cleaning and disinfection of surfaces and equipment.



All camps, except those for preschool children, are held outdoors in summer 2021.



Stable groupings of 20 or fewer youth, with distance maintained between groups.



Daily sign-in for groups.



PP&R will immediately notify parents/guardians in the event of illness or exposure.



Swimming pool capacity limits will be set based on OHA guidance. Pool deck layout will be altered to ensure individuals can stay physically distanced.



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PROGRAM EXCLUSION CRITERIA AND RESPONSE FRAMEWORK



EXCLUSION SUMMARY

for Child Care and Early Education Operations During COVID-19

UPDATED JANUARY 2021

If child or staff member has had illness with **fever**, **unusual cough**, new loss of taste or smell or shortness of breath in the last 10 days:



Person should be sent home. If person tests positive or does not get tested, they must stay away from the facility for 10 days after onset of symptoms and 24 hours after both **fever free** and cough resolves.

If a child or staff member has been exposed to someone with a current **presumptive case** or positive COVID-19 case:



The person must be excluded from care if they were exposed to a **presumptive case** or positive COVID-19 case during the **infectious period**.



Exposed person must **quarantine** for 10 days. Start counting 10 days from the last time the person had contact with a **presumptive case** or confirmed case while the case was in the **infectious period**. For household contacts, quarantine starts the day after the infectious period ends.

If a child or staff member develops symptoms listed in column 1 or learns they have been exposed to a positive or **presumptive case** while at the facility:



Separate the person until they can leave the facility and send home as soon as possible.

If a child or staff member has a household member with symptoms of COVID-19 who is not a **presumptive case** or confirmed case:



Carefully monitor the person for symptoms. Encourage the ill household member to get tested.

Remember to check for the normal (non-COVID) childhood illnesses:



Diarrhea, vomiting, headache with a stiff neck, "pink eye," rash, etc.



Child may return to care after 24 hours symptom-free (48 hours for vomiting or diarrhea).

If person tests negative for COVID-19, they may return 24 hours after resolution of cough and are **fever free**.

If the only symptom was a **fever** and a medical professional advised the person can return to care, they may do so if they have been **fever free** for 24 hours. A medical professional must provide documented advice.

Important Definitions

Unusual cough means out of the ordinary for this person – e.g., not usual asthma or allergies.

Fever means 100.4 degrees Fahrenheit or more.

Fever free means a temperature less than 100.4 degrees Fahrenheit without the use of fever reducing medication.

Exposure means close contact with a COVID-19 case (less than six feet) for longer than 15 minutes in a 24-hour period.

Presumptive case means a person who was exposed to a positive COVID-19 case and has developed symptoms.

The **infectious period** is two days before to 10 days after the person with COVID-19 first becomes symptomatic. If the COVID-19 case doesn't have symptoms, infectious period is 2 days before the day the test was taken (not the day they got their test result) to 10 days after.

Quarantine means you stay away from other people when you may become sick, even if you have no symptoms. Quarantine should last at least 10 days. Quarantine may be shortened to 7 days if: you take a test between days 5 and 7 of your quarantine, the test is negative, and you don't have symptoms.

Children cannot be denied care because of the fear of transmission of COVID-19:

In addition to Oregon laws prohibiting discrimination, a provider cannot refuse to enroll a child in the program based on a belief that the child is more susceptible to contracting COVID-19 due to the child's or parent's occupation, race, ethnicity, geographic location, disability, or pre-existing health condition.

For more information, visit oregonearlylearning.com/COVID-19-Resources. Providers can also submit questions by emailing ProviderContact@state.or.us.

For more information, please see the following resources:

Multnomah County Public Health	Dial 211	multco.us/health
Clackamas County Public Health	503-742-5300	clackamas.us/publichealth
Washington County Public Health	503-846-3594	co.washington.or.us/HHS/PublicHealth
Oregon Health Authority – Youth Programs Guidance		sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2351p.pdf
Oregon Early Learning Division – Guidance and Resources		oregonearlylearning.com/COVID-19-Resources



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