

COVID-19 SAFETY

Safety Practices for Youth Participants



SEPTEMBER 2021

The safety of the people we serve is Portland Parks & Recreation's (PP&R) highest priority.

To protect youth and adults participating in S.O.A.R AfterSchool Programs from the spread of COVID-19, Portland Parks & Recreation (PP&R) has developed enhanced safety plans informed by guidance from the Oregon Health Authority (OHA), Oregon Early Learning Division (ELD), and the Centers for Disease Control & Prevention (CDC).

PP&R's COVID-19 responsive summer programming was made possible through the Parks Local Option Levy (Parks Levy) that Portland voters passed in November 2020. PP&R designed summer programming to meet public health guidance and be flexible as conditions change. As we transition into fall, operations and programming will continue to be responsive to changing conditions and newly issued COVID-19 requirements or recommendations.

PP&R programs will operate at reduced capacity and all programming is subject to change based on the most current public health guidance.

PP&R staff will be in close communication with partnering Portland Public School (PPS) officials to ensure the health and safety of their students and our staff. PP&R staff will conduct visual health screenings of S.O.A.R participants prior to entering the program. Anyone exhibiting symptoms of COVID-19 will be taken to a quarantine area and the participant's parent/guardian will be notified. Face coverings will be worn at all times, indoors and outdoors, except when eating or drinking. Participants will be encouraged to maintain at least three feet of physical distancing at all times.

We want you and your family to understand how PP&R will protect youth from COVID-19 when they take part in our programs. Thank you for ensuring that young people taking part in PP&R offerings adhere to these COVID-19 safety measures, which PP&R staff also follow.

Please review the following information to understand the controls we've instituted to ensure everyone's health and safety. Participants who exhibit COVID-19 symptoms, or who may be potentially exposed are not permitted to take part in PP&R programs until cleared per ELD and/or OHA guidelines noted on page three.



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MANDATORY YOUTH PARTICIPANT PRACTICES FOR COVID-19 SAFETY



Parents should screen their child's temperature prior to arrival and exclude them if it's above 100.4 degrees fahrenheit. PP&R will monitor for symptoms during sign-in.



Frequent hand sanitation, upon arrival and throughout the day.



Frequent cleaning and disinfection of surfaces and equipment.



Daily sign-in for groups.



PP&R will immediately notify parents/guardians in the event of illness or exposure.



Swimming pool capacity limits will be set based on OHA guidance. Pool deck layout will be altered to ensure individuals can stay physically distanced.



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PROGRAM EXCLUSION CRITERIA AND RESPONSE FRAMEWORK



EXCLUSION SUMMARY

for Child Care and Early Education Operations During COVID-19

UPDATED MAY 2021

If anyone in the child care facility has had illness with **fever, unusual cough, new loss of taste or smell or shortness of breath** in the last 10 days:

Person should be sent home. If person tests positive or does not get tested, they must stay away from the facility for 10 days after onset of symptoms and 24 hours after both **fever-free** and cough resolves.

If person tests negative for COVID-19, they may return 24 hours after resolution of cough and are **fever-free**.

If the only symptom was a **fever** and a medical professional advised the person can return to care, they may do so if they have been **fever-free** for 24 hours. A medical professional must provide documented advice.

If anyone in the child care facility has been exposed to someone with a current **presumptive case** or positive COVID-19 case:

The person must be excluded from care if they were exposed to a **presumptive case** or positive COVID-19 case during the **infectious period**.

Exposed person must **quarantine** for 14 days. Start counting from the last time the person had contact with a **presumptive case** or confirmed case while the case was in the **infectious period**. For household contacts, quarantine starts the day after the infectious period ends.

If anyone in the child care facility develops symptoms listed in column 1 or learns they have been exposed to a positive or **presumptive case** while at the facility:

Separate the person until they can leave the facility and send home as soon as possible.

Important Definitions

Unusual cough means out of the ordinary for this person – e.g., not usual asthma or allergies.

Fever means 100.4 degrees Fahrenheit or more.

Fever-free means a temperature less than 100.4 degrees Fahrenheit without the use of fever-reducing medication.

Exposure means close contact with a COVID-19 case (less than six feet) for longer than 15 minutes in a 24-hour period.

Presumptive case means a person who was exposed to a positive COVID-19 case and has developed symptoms.

The **infectious period** is two days before to 10 days after the person with COVID-19 first becomes symptomatic. If the COVID-19 case doesn't have symptoms, infectious period is 2 days before the day the test was taken (not the day they got their test result) to 10 days after.

Quarantine means you stay away from other people when you may become sick, even if you have no symptoms. Quarantine should last 14 days--consult your local public health authority for guidance.

Vaccinated staff are not required to quarantine if **exposed** to a confirmed or presumptive COVID-19 case. If symptoms develop, exclude and follow directions in column one.

Vaccinated staff **must be excluded** if experiencing COVID-19 symptoms, and follow directions in column one.

Children cannot be denied care because of the fear of transmission of COVID-19:

In addition to Oregon laws prohibiting discrimination, a provider cannot refuse to enroll a child in the program based on a belief that the child is more susceptible to contracting COVID-19 due to the child's or parent's occupation, race, ethnicity, geographic location, disability, school attendance, or pre-existing health condition.

For more information, visit oregonearlylearning.com/COVID-19-Resources.

Providers can also submit questions by emailing ProviderContact@state.or.us.

For more information, please see the following resources:

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| Multnomah County Public Health | Dial 211 | multco.us/health |
| Clackamas County Public Health | 503-742-5300 | clackamas.us/publichealth |
| Washington County Public Health | 503-846-3594 | co.washington.or.us/HHS/PublicHealth |
| Oregon Health Authority – Youth Programs Guidance | | sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2351p.pdf |
| Oregon Early Learning Division – Guidance and Resources | | oregonearlylearning.com/COVID-19-Resources |

