# Police Accountability Commission Social Event #1: Private Meet-and-Greet December 2, 2021 Meeting Report

#### Attendance

Commission Members					
Name	Present	Absent	Name	Present	Absent
Angie		Х	Lovisa	Х	
Charlie	Х		May	Х	
Connie		Х	Meikelo	Х	
Dan	Х		Monica	Х	
Debbie	Х		Nicole	Х	
Eric	Х		Seemab	Х	
Eva	Х		Sophia	Х	
Faythe	Х		Tirsa	Х	
Jason		Х	Winta	Х	
Katherine	Х		Zoe		Х

Support Staff			
Name	Name		
Mike Myers	Sameer Kanal		

#### Agenda

Staff welcomed the group and gave an overview of the purposes of the meet-and-greet.

Sophia offered the Alaska Native Discourse Values as a model for future meetings and asked if the commission could abide by them for today.

- Treat each other with respect.
- Keep in mind that everyone has their own truth.
- Listen without agenda.
- Be polite, courteous, and thoughtful.
- Refrain from interruptions.
- Affirm other speakers.
- Do not voice disagreement or use violent words; instead, say something positive about the previous speaker and then simply add your own thoughts.
- Respect privacy. Everything shared in confidence needs to be kept in confidence.
- Be supportive of each other.

Staff reviewed the agenda for today.

#### Introductions

Each member of the Commission gave an unstructured introduction, with conversation starter suggestions of "one fun or interesting fact about you" and "what would you like to get out of today's meet and greet?"

Following Commission members, staff gave a brief introduction as well.

### Break

The meet-and-greet took a break from 8:02-8:10 PM.

### **Icebreakers and Discussions**

The group used four icebreakers to open discussions. The format of each was:

- Four of the sixteen present Commission members were assigned (alphabetically) to each of four questions. Each answered the question briefly.
- Any other Commission members who had a response they felt would be good for other Commission members to know would also respond, with 1-3 members (additional to the assigned four) responding to each.

The four icebreaker questions used were:

- "Think of a person, other than your parents or guardians, who helped you get to this moment.
  What did they do and what did it mean?" (Assigned: Charlie, Dan, Debbie, Meikelo)
- "What is your core brilliance?" ("Core brilliance" was defined as "that innate ability you have that is very helpful to others and deeply energizing to you.") (Assigned: Seemab, Sophia, Tirsa, Winta)
- "When dealing with a complex problem, how do you like to process that information? How do you decompress?" (Assigned: Eric, Eva, Faythe, Katherine)
- "What keeps you grounded?" ("Grounded" was defined as "Balanced, feeling like you have a firm foundation.") (Assigned: Lovisa, May, Monica, Nicole)

## Conclusion

Staff reminded the Commission about the first meeting of the Commission on December 9.

Staff also noted that there would be occasional social events throughout the work period of the Commission, with the next occurring in mid-January or later.

The meet-and-greet concluded at 9:04 PM.