**Resources**

- Bike routes and parking
- Signals and stairs
- Transit routes and stops

**BICYCLE PROGRAMS AND CLASSES**

- Adult Cycling and Pedestrian Classes
  - Portland By Bike Classes - 503-282-7083
  - Cycling Class - 503-282-7083

- Children and Youth Programs
  - Young Cyclists Program - 503-282-7083

**BICYCLE AND BIKE PATH SAFETY**

- Helmets - 888-875-2865

**INTERSECTIONS AND PATTERNS**

- Bike boxes
- Bike lane
- Bike lane box

**BICYCLE PROGRAMS AND CLASSES (continued)**

- Safety and Pedestrian Classes
  - Pedestrian Safety Class - 503-282-7083

- Yoga and Cycling for Youth
  - Youth Cycling - 503-282-7083

- Pedestrian and Safety Classes
  - Pedestrian Safety Class - 503-282-7083

- Youth Cycling Classes
  - Youth Cycling - 503-282-7083

**BICYCLE AND BIKE PATH SAFETY**

- Helmets
- Bike boxes

**OTHER MAPS AND GUIDES**

- Bike law and technique from Oregon DOT
- Portland's Family Biking Guide
- Portland Biking Guide
- Northwest/Downtown, Southwest, North, Northeast and
  Southeast

**BICYCLE PROGRAMS AND CLASSES**

- Free Recreational Group Bicycle Rides
  - Bike to School - 503-282-7083

**OTHER MAPS AND GUIDES**

- Bike there!
- Explore the river trail

**USE HAND SIGNALS AVOID ROAD HAZARDS**

- To report needed sidewalk maintenance
  - 503-823-1711

**MAPS, GUIDES, AND PUBLICATIONS**

- Free from Portland Bureau of Transportation, 503-823-6600 or
  pdotclerk@portlandoregon.gov

**USE HAND SIGNALS AVOID ROAD HAZARDS**

- To report needed sidewalk maintenance
  - 503-823-1711

**MAPS, GUIDES, AND PUBLICATIONS**

- Free from Portland Bureau of Transportation, 503-823-6600 or
  pdotclerk@portlandoregon.gov

**BICYCLE PROGRAMS AND CLASSES**

- Adult Cycling and Pedestrian Classes
  - Portland By Bike Classes - 503-282-7083

**SAM-BIKES AND Handicapped BIKES**

- To report needed sidewalk maintenance
  - 503-823-1711

**MAPS, GUIDES, AND PUBLICATIONS**

- Free from Portland Bureau of Transportation, 503-823-6600 or
  pdotclerk@portlandoregon.gov

**BICYCLE PROGRAMS AND CLASSES**

- Adult Cycling and Pedestrian Classes
  - Portland By Bike Classes - 503-282-7083

**MAPS, GUIDES, AND PUBLICATIONS**

- Free from Portland Bureau of Transportation, 503-823-6600 or
  pdotclerk@portlandoregon.gov

**BICYCLE PROGRAMS AND CLASSES**

- Adult Cycling and Pedestrian Classes
  - Portland By Bike Classes - 503-282-7083

**USE HAND SIGNALS AVOID ROAD HAZARDS**

- To report needed sidewalk maintenance
  - 503-823-1711

**MAPS, GUIDES, AND PUBLICATIONS**

- Free from Portland Bureau of Transportation, 503-823-6600 or
  pdotclerk@portlandoregon.gov

**BICYCLE PROGRAMS AND CLASSES**

- Adult Cycling and Pedestrian Classes
  - Portland By Bike Classes - 503-282-7083

**USE HAND SIGNALS AVOID ROAD HAZARDS**

- To report needed sidewalk maintenance
  - 503-823-1711

**MAPS, GUIDES, AND PUBLICATIONS**

- Free from Portland Bureau of Transportation, 503-823-6600 or
  pdotclerk@portlandoregon.gov

**BICYCLE PROGRAMS AND CLASSES**

- Adult Cycling and Pedestrian Classes
  - Portland By Bike Classes - 503-282-7083

**USE HAND SIGNALS AVOID ROAD HAZARDS**

- To report needed sidewalk maintenance
  - 503-823-1711

**MAPS, GUIDES, AND PUBLICATIONS**

- Free from Portland Bureau of Transportation, 503-823-6600 or
  pdotclerk@portlandoregon.gov

**BICYCLE PROGRAMS AND CLASSES**

- Adult Cycling and Pedestrian Classes
  - Portland By Bike Classes - 503-282-7083

**USE HAND SIGNALS AVOID ROAD HAZARDS**

- To report needed sidewalk maintenance
  - 503-823-1711