

Portland Parks & Recreation Goldenball Youth Basketball program for grades 3-5

LEAGUE MISSION: The purpose of Portland Parks & Recreation's (PP&R) Goldenball youth basketball program is to ENCOURAGE our youth, regardless of ability, to: Learn the FUNDAMENTALS of the game, develop a sense of FAIR PLAY, and good SPORTSMANSHIP. Experience the satisfaction of TEAM PLAY and individual COOPERATION.

To have FUN AND ENJOY PLAYING THE GAME of basketball. Golden Ball is a RECREATION program based on GOOD SPORTSMANSHIP AND THE DEVELOPMENT OF BASKETBALL FUNDAMENTALS. *Not on winning championships!*

TEAM REGISTRATION OPEN TUESDAY, OCTOBER 18 - FRIDAY, NOVEMBER 18, 2022

Recreation Divisions | Grades 3-5: \$450 * **A limited number of teams will be taken for each grade division. A waitlist will be formed once capacity has been reached***

Reduced registration (\$400) available for the following schools:

Elementary Schools: Boise-Eliot, Bridger, Cesar Chavez, Faubion, Harrison Park, James John, Jason Lee, Kelly, King, Lents, Marysville, Martin Luther King Jr., Parkrose, Rigler, Rosa Parks, Sabin, Harvey Scott, Sitton, Vestal, Whitman, Woodlawn, Woodmere

**Teams that can pay the full fee of \$450 are encouraged to do so. Team fees help to offset the costs of the program. Please call our office 503-823-5124 or 503-823-5126 for further financial assistance.*

To register your team, all forms must be completed:

- ☐ Recreation program registration and classification
- ☐ Code of conduct
- ☐ Concussion awareness
- ☐ Criminal records check consent and insurance form for each coach or parent helping with the team
- ☐ We are asking all coaches to take the online concussion awareness test located on our website portland.gov/parks/sports/concussion-awareness

Once registered: you will receive your coach packet which will include: Team roster, practice facility list (book your practice through the Sports Office), league rules, medical release forms, player and spectator pledge cards, player contracts, and jersey information.

Payment - Entire fee is due at time of registration. For additional support please contact the Sport Office.

- Make checks payable to **City of Portland** and send with all required forms to:
PP&R Sports Office
10850 N Denver Avenue; Portland, OR 97217
- Credit cards also accepted over the phone: 503-823-5124 or 503-823-5126.

Portland Parks & Recreation Sports Office | 503-823-5126 or 503-823-5124 | portland.gov/parks/sports/goldenball



COACHING



Volunteer coaching is a big task, and our program could not run smoothly without your efforts. Here are some tips for keeping your team organized.

- Have a parent meeting prior to the start of the season. Assign designated parents to help keep score during games as well as be the home book when scheduled as the home team/visiting team.
- We do not have spectator limitations this season. However, we are asking to limit the number of extended family members. If we feel during the season that the number of spectators have reached an unsafe capacity at our gym sites we will notify coaches of any changes of policy. Spectators are not allowed at practice.
- When you obtain your score sheets from either the coaches' packet or online, complete the form with players' names and make 8-10 copies, so that you have them filled out prior to the start of each game.
- Team roster, which is included in your coaches' packet, must be filled out and submitted by email to the Sports Office prior to the start of the first game.

NOTE: If you plan on coaching more than one team, you are required to have an assistant coach for each team. The assistant coach must attend one of the coaches' meetings. We will continue to try and work with scheduling issues, however, with the rising number of teams, it has become more difficult to accommodate requests.

Coaching three or more teams is not permitted.

Pre-Season Coaches' Training: (REQUIRED to attend one)

Hosted by: *Positive Coaches Alliance (PCA), Center for Healing and Justice through Sport (CHJS) and NIKE*

Location: Beverly Cleary School (Fernwood Campus) 1915 NE 33rd; Cafeteria

Option 1: Saturday, December 3rd; 9:30am-Noon

Option 2: Saturday, December 10th; 9:30am – Noon

Coaches and assistant coaches must attend one of the scheduled pre-season meetings. Attendance will be taken.

- **Virtual Coach Rules Meeting- Thursday January 5th at 7:00 pm. We will cover league expectations and specific league rules.**



Coaches' Practice Training Clinic – (OPTIONAL) *Highly Recommended!*

- **Basketball Basics:** a fun, fast paced participation clinic with emphasis on basketball fundamentals. Dribbling, passing, shooting, and defense. Bring a basketball and dress to participate.

Thursday, December 1, 2022

6:00-8:30pm

Harvey Scott School gym | 6700 NE Prescott - *Enter through the main doors on Prescott.*

Portland Parks & Recreation Sports Office | 503-823-5126 or 503-823-5124 | portland.gov/parks/sports/goldenball

PRACTICE AND LEAGUE PLAY

PRACTICE:



- Once your team is registered, you may request a practice permit by contacting the PP&R Sports Office: jennifer.rounseville@portlandoregon.com or blaine.rethmeier@portlandoregon.gov
- We guarantee one 55-minute practice time slot per week, per registered team.
- We have limited grade school sites at Portland Public Schools. A gym list will be included in your coach's packet and is available online at portland.gov/parks/sports/goldenball.
- Practice times are available Monday-Friday: 6:00-6:55pm, 7:00-7:55pm, and 8:00-8:55pm. Practice permits at most locations will begin November 1, 2022. Contact the sports office at 503-823-5124 or 503-5126 to book a practice time.
- Once you obtain a practice time, please contact the school office for the assigned practice to inquire about any special gym/school entry instructions.
- There is no practice if the school is closed for any reason. ***No Spectators allowed at practice.***
- Practice times will not be issued to teams that are *not* registered in the 2022-2023 Goldenball season.

JERSEYS: Our program does not supply jerseys as part of the team fee. We do require a minimum of matching t-shirts with 6" numbers on the back. If looking to purchase jerseys, there is a flyer in the coach's packet of a local company to contact. (Note: Standard jersey number groups are: 0-5, 10-15, 20-25, 30-35, 40-45, 50-55. No triple digits please). Please have your players obtain shorts without pockets to comply with the National Federation Rule and for the safety of all players.

BALL SIZES: 3rd grade divisions use the 27" or 27.5" ball. 4th and 5th grade divisions use the 28" ball.

LEAGUE GAMES: First half schedules will be posted online after January 3, 2023.

Seven games played on Saturdays, January 14-February 25, 2023. The league is divided in two halves, the first three weeks, followed by a realignment if necessary, no break between halves and the remaining four games. Games are played at various Portland Public Schools and PP&R Community Centers. Sites may vary from first half to second half. First games begin at 9am and are scheduled every hour and 10 minutes apart. Last start time is 3:05pm.

Portland Parks & Recreation's Goldenball youth basketball program stresses the practice of good sportsmanship by all participants. This includes players, coaches, officials, and fans. Please remember this when participating or attending games.

Portland Parks & Recreation Sports Office

10850 N Denver Avenue

Tel: 503-823-5126 or 503-823-5124

Blaine Rethmeier | Sports Program Coordinator
503-823-5126 | Blaine.Rethmeier@portlandoregon.gov

Jennifer Rounseville | Sports Program Coordinator
503-823-5124 | Jennifer.Rounseville@portlandoregon.gov