



PORTLAND PARKS & RECREATION™

Healthy Parks, Healthy Portland

Portland Community Gardens New Gardener Orientation – Welcome!





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Agenda



- Staff Introductions
- Program Overview
- Policy Overview
- Gardener Accountability
- Community Service Hours



PP&R Community Gardens

- Program started in 1974
- Currently 57 gardens
- Glenhaven Community Garden opened at the end of February
- 25 languages spoken
- 2,500 garden plots





Laura Niemi- Program Coordinator

She/Her/Hers

- New garden development
- Partnerships
- Policy development
- Grant/funding opportunities





Chanelle Crosby- Botanic Specialist

She/Her/Hers

- Garden manager program
- Policy enforcement, garden inspections
- Plot outreach
- Site enhancement projects





Mikael Brust- Community Gardens Technician

He/Him/His

- Garden maintenance
- Education
- Service Hours
- Produce for People





Mahala Greer- Administrative Specialist II

She/Her/Hers

- Registration
- Scholarships
- Plot transfers
- Updating contact information
- General program questions





Sam Mularz- Seasonal Maintenance Worker



He/Him/His

- Vacant plot clean up
- Garden maintenance
- Work party support



Nichole Bruno- Native Gathering Gardens Botanical Specialist



She/Her/Hers

- Inquiries associated with Native Gathering Garden at Cully Park





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Policy Overview and Questions





1. Active Gardening Season

You are welcome to garden all year round.

During the main growing season (April – October) show you are using your plot by:

- Preparing the soil for planting
- Planting and growing crops
- Harvesting ripe produce
- Removing weeds, especially those in flower or setting seed
- Collecting seed you want to save before it drops on the soil



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Portland Nursery Planting calendar

<https://portlandnursery.com/docs/veggies/VeggieCalendar.pdf>

January	February	March	April	April	May	May	June	July	August	September	October
<i>Seed indoor</i>	<i>Seed indoor</i>	<i>Seed indoor</i>	<i>Seed indoor</i>	<i>Starts</i>	<i>Seed indoor</i>	<i>Starts</i>	<i>Seed outdoor</i>	<i>Seed outdoor</i>	<i>Seed outdoor</i>	<i>Seed outdoor</i>	<i>Seed outdoor</i>
Artichoke Angula Endive Fava Beans Kale Cauliflower Leeks Lettuce Mustard Onions* Peas Scallions Spinach	Artichoke Asparagus Broccoli Cabbage Celery Cauliflower Celeriac Chard Chives Choi Eggplant 2/15* Endive Kale Kohlrabi Leeks* Lettuce Onion* Parsley Peppers 2/15* Tomatillo Tomatoes 2/15*	Broccoli Cabbage Cauliflower Celeriac Celery Eggplant* Leeks Lettuce Peppers* Scallions Tomatoes* Tomatillos* <i>Seed outdoor</i> Angula* Asian greens Asparagus* Chard* Cilantro Choi Fava Beans Garlic (cloves) Kale Kale* Mustard greens* Peas* 3/1 Potatoes (tuber) Cilantro Fava beans Garlic (cloves) Mustard Greens Onion* Onion Bunches* Onion sets* Peas* Potatoes (tubers) Radish Scallions Spinach*	<i>Seed indoor</i> LATE APRIL Basil Cucumber Cilantro Celeriac Pumpkin Squash, summer Squash, winter HARDEN OFF SEEDLINGS <i>Seed outdoor</i> Angula Asian greens Asparagus (crown) Chard* Cilantro Choi Broccoli* Brussels sprouts Cabbage (early types)* Carrots* 4/1 Cauliflower* Celery* 4/15 Chard Choi Cilantro Collards Dill Endive* Fennel (bulbing)* Jer. Artichoke* Kale* Kohlrabi Leeks* Lettuce Mustard Greens Peas Radicchio Salad greens Scallions Soylent Spinach	Artichoke* Angula Asian Greens Beets Broccoli* Brussels Sprouts Cabbage (early types)* Carrots Cauliflower* Celery* 4/15 Chard Choi Cilantro Collards Dill Endive* Fennel (bulbing)* Jer. Artichoke* Kale* Kohlrabi Leeks* Lettuce Mustard Greens Peas Radicchio Salad greens Scallions Soylent Spinach	Basil Cucumber Melon <i>Seed outdoor</i> Angula Asian greens Basil 5/15 Beans* 5/15 Beets Broccoli Brussels sprouts* Cabbage (late)* Carrots Cauliflower Celery Chard Collards Corn 5/15 Cucumbers 5/15 Dill Eggplant (cover) * 5/15 Fennel (bulbing) Jer. Artichoke Kale Kohlrabi Leeks Lettuce Peppers (cover) * 5/15 Radicchio Salad Greens Scallions Soylent Pumpkin 5/15 Radicchio Radish Rutabaga Salad greens Scallions Spinach* Squash, summer 5/15 Squash, winter 5/15 Turnips	Artichoke Angula Asian greens Basil 6/1 Beans Beets Broccoli Bruss. sprouts* Cabbage (early) 6/1 Carrots* 6/15 Cauliflower Chard Cilantro Collards 7/1 Corn* Cucumbers* 6/1 Dill Endive Kale Kohlrabi* Lettuce Melons* 6/1 Parsnips Radish Scallions Spinach Squash, summer until 7/15 Turnips* 7/1 <i>Starts</i> Artichoke Basil* Broccoli* Beans Broccoli Brussels sprouts* Cauliflower Celery Cucumbers Eggplant* Leeks Melons Peppers* Pumpkins Squash (all) * 7/15 Tomatoes (cover)* 5/15 Tomatillo (cover)* 5/15	Angula Asian greens* Basil Beans Beets* 7/1 Broccoli* 7/1 Brussels Sprouts Cabbage (early) 8/1 Carrots* 7/1 Cauliflower* 7/1 Chard Cilantro Collards 7/1 Corn* until 7/15 Fennel (bulbing)* 7/15 Kale* Kohlrabi 7/1 Lettuce Parsnips Peas Radish Scallions Spinach* 8/1 Swiss chard Turnips	Angula* Asian greens* Beets Cabbage (for spring) Endive Fava beans* Garlic (cloves)* Lettuce* Onions (sets)* Radish* Salad greens* Shallots (bulb)* Cover Crops* <i>Starts</i> Kale Lettuce Salad greens Soylent <i>Starts</i> EARLY AUGUST Basil Broccoli Cabbage Carrots Cauliflower Collards Dill Fennel (bulbing) <i>THROUGH AUGUST</i> Artichoke Asian greens Cilantro Kale* Leeks Lettuce Mustard greens* Salad greens Scallions Spinach*	Angula* Fava beans* Garlic (cloves)* Onion (sets)* Shallots (bulbs)* Cover Crops* <i>Starts</i> Bok Choi Cabbage (over wintering) Lettuce Salad greens November <i>Seed outdoor</i> Fava beans Garlic (cloves) Onion (sets) Shallot (bulbs) Cover Crops (some) December Collect seed catalogs, pour a cup of tea and plan for next year. Organize your garden journal.		
<i>Seed outdoor</i> Radish											
* Indicates best times and methods of planting.											
Shading indicates either a Fall Harvest or Overwintering Crop											
Please note: Planting times may be altered depending on elevation, location, and the use of a cloche or row cover.				<i>Herbs to Plant any day of the year</i> Chives Oregano Rosemary Sage							



2. Winter Gardening

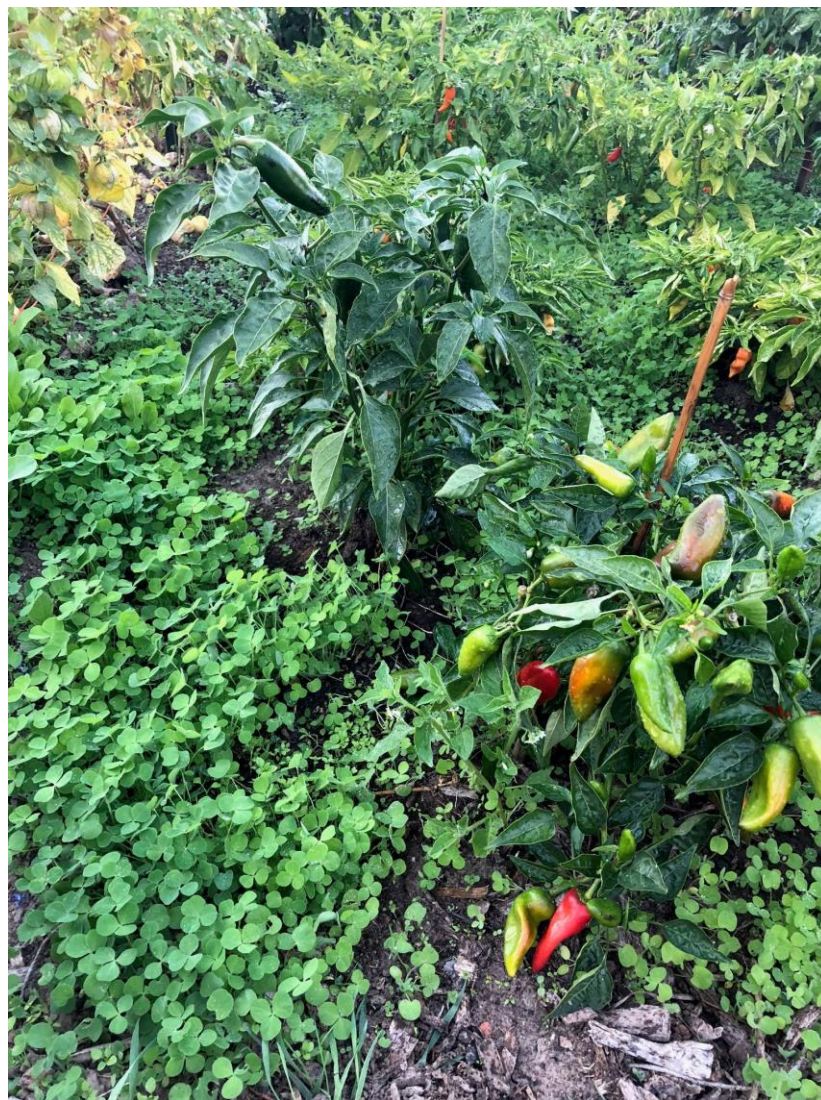
**When you are not actively gardening,
continue to care for your garden plot by:**

- Removing weeds, especially those in flower or setting seed
- Removing dead and dying plants, especially if they are diseased or covered in pests
- Neatly storing seasonal structures like tomato cages, stakes, trellis material and wood when not in use
- If you are not actively winter gardening, cover your garden with burlap, straw or cover crop during the winter months or keep it weeded



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Crimson clover cover crop undersown in September



3. Pathways, Fence line and Storage

You are responsible for maintaining the paths and fence lines that touch your plot.

- Keep paths bordering your plot 2.5 to 3 feet wide and level so others can safely pass
- Remove weeds from the paths and directly outside the fence, if your plot touches a fence
- Store things inside your plot
- Keep plants within the boundaries of your plot



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4. Weeds and Debris Management

Portland Parks & Recreation does not provide garbage or plant waste pick up. You are responsible for managing the plant material and trash from your plot.

- You may compost plant material in your plot, bury it, or dispose of it in home yard waste bins.
- Do not dump material anywhere inside or outside of the garden.



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Trench composting

Chop and drop



Dispose of at home



5. Prevent Pests

Prevent Rodents and Stinging Insects from Building a Home in Your Garden.

- Remove piles of debris and regularly turn your compost pile.
- Remove food sources by harvesting produce when ripe, and leaving food scraps from your kitchen at home
- Dump water that has been standing for more than 3 days to keep mosquitos from laying eggs



Harvest often and share extra
through Produce for People



- Properly maintaining compost
- Harvesting foods promptly
- Eliminating excess foliage that can provide harborage (a place for rats to live)

By following the guidelines in this handout, you can do your part to actively prevent a rodent problem in your community garden.



Choose your compost container wisely

The Earth Machine compost unit is very popular in Portland gardens. These units are suitable, but they should be used with the bottom floor in place. Rats are very good burrowers and can easily get into unprotected compost piles. Your compost **MUST** be protected from rodents, meaning that no gap in your container should be any larger than a dime.

If you choose to build your own compost container, 1/4 inch steel hardware cloth is a durable and economical option to keep rodents out. Remember, it's much easier to prevent a problem than to deal with an existing infestation! →





6. Organic Gardening

Organic gardening is required.

- Use only organic fertilizers, weed killers, or bug killers
- If you are unsure whether a product you want to use is allowed, search for it on the Organic Materials Review Institute website at www.omri.org, or call the Master Gardener Hotline at 503-655-8631.



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For Organic Use





7. Service Hours

Contribute and log a minimum of 6 hours per year in service to your community garden. Three hours must be completed by June 30, and a total of 6 hours must be completed by October 31

- Any work done outside of your own plot counts towards service hours; make sure to log hours in the garden logbook located in the shed
- Contact your garden manager for a list of tasks that will count towards your service hour commitment.
- If you are unable to contribute service hours due to disability or personal circumstance, contact staff to request an exception.
- Gardeners who do not complete and log service hours and do not contact staff to request an exception for 2 years in a row, will not be allowed to renew their reservation and their plot will be reassigned.



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COMMUNITY SERVICE HOURS FOR COMMUNITY GARDENS

Community Garden: YOUR GARDEN

Plot #: 22J Name: YOUR NAME

Insurance Information for Volunteers

Portland Parks and Recreation has an excellent safety record for our volunteer program. We don't anticipate that you'll be involved in an accident, but it is important you understand the extent to which our volunteer program is covered by the City of Portland insurance. We want you to be aware of any potential risks involved with the tasks you have selected and use good judgment in performing those tasks.

As a volunteer, you are NOT covered by the City of Portland's Workers Compensation program. You are urged to have your own health insurance in the event you are injured while performing your volunteer duties. You ARE covered by the City's General Liability Fund. This will protect you in the event of property damage or accidental injury to the public as a result of your volunteer duties assigned by Portland Parks & Recreation.

Community Garden plot holders are required to complete six hours of community service at their garden site per year (Nov. 1 – Oct. 31). Three hours must be completed and logged by June 30 and a total of six hours by October 31.

DATE	<input checked="" type="checkbox"/> = 1 hour	
5/10	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
6/15	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	3 HRS
8/14	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	3 HRS
	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

Sustaining a healthy park and recreation system to make Portland a great place to live, work and play.
www.PortlandParks.org • Commissioner Amanda Fritz • Director Mike Abbate



PLOT RESCUE

Tend this plot for community service
hour credit

Do What You Can - It All Helps:

Cut Down Weeds and Grass

Dig Up Roots

Dispose of Waste with Curbside Recycling

Log Your Hours in the Shed - ThankYou!



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- Produce for People is a gardener lead grassroot effort which food is grown for local food pantries and hunger relief organizations
- Started in 1995
- Over 28,000 lbs. in 2019
- 40 gardens participated
- 48 donation sites
- Every garden's project looks a little different, reach out to your garden manager on ways to get involved

Produce for People Program

Community gardeners share the harvest with:

Harvest day:

Delivery day:

Want to help? Contact:



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Portland Community Gardens Office: 503-823-1612

Programa de Cultivos Comunitarios

Los jardineros comunitarios comparten la cosecha con:

Día de cosecha:

Día de entrega:

¿Desea ayudar? Comuníquese con:

Программа “Пищевые продукты для всех”

Садоводы, работающие на общественных садах, делятся выращенными продуктами с:

День урожая:

День доставки:

Хотите предложить свою помощь? Обращайтесь:



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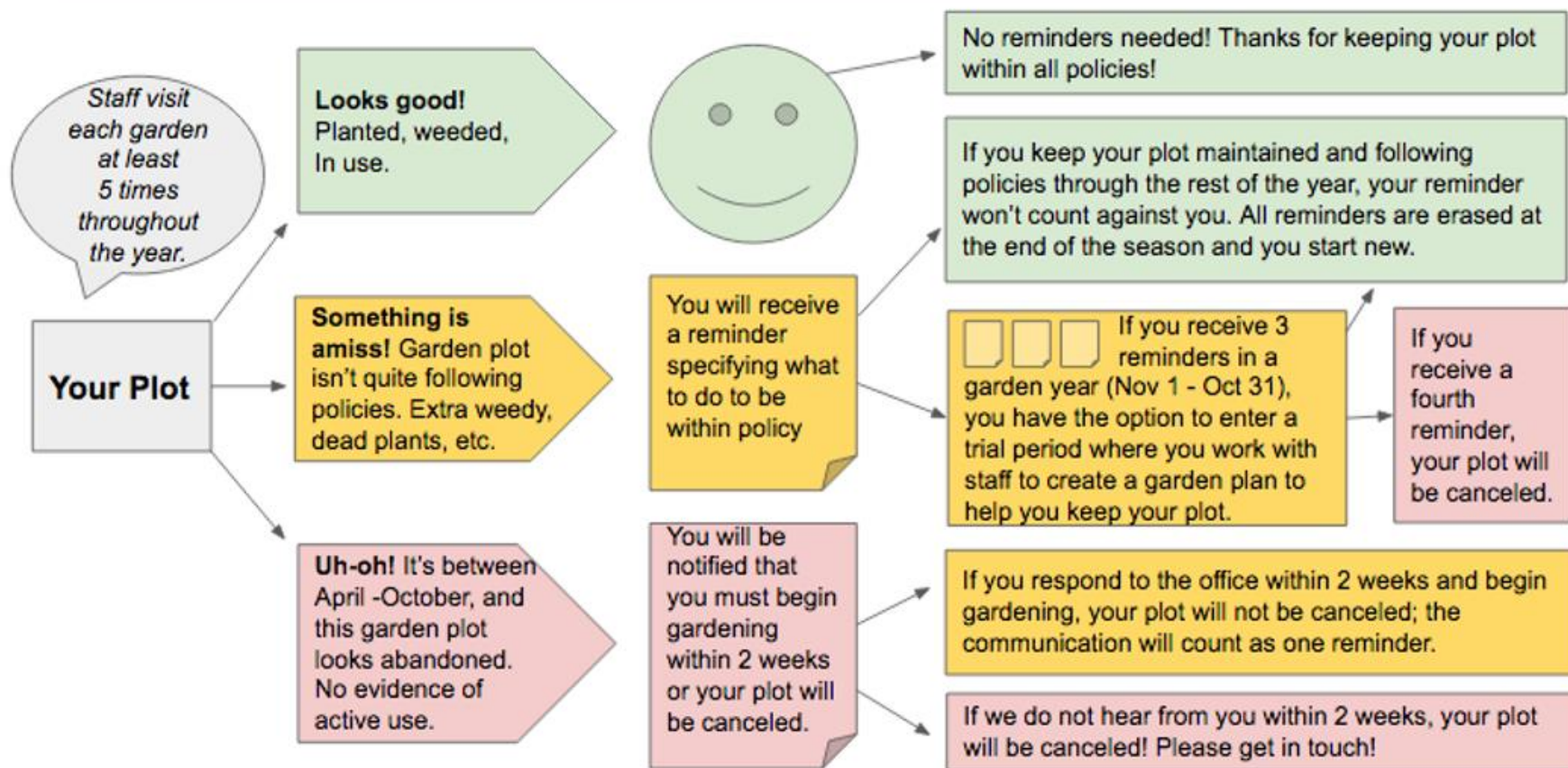


Gardener Accountability and Policy Enforcement





How Garden Plot Reminders work:





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Resources

Community Gardens Policies and Resources

<https://www.portlandoregon.gov/parks/65819>





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Thank you and have a great season!