Adaptive and Inclusive Recreation (AIR)

Recreation designed specifically for teens and adults who have a disability and/or special need.

Adaptive and Inclusive Recreation Programming

Come join the fun—camps, classes, dances, and field trips for ages 12 and up! We offer community-based recreation activities designed specifically for teens and adults who have a disability and/or special need.

- Bingo
- Book club
- Creative arts
- Cooking
- Dances and social events
- Drum circle
- Field trips - indoor and outdoor
- Fitness
- Weight training

Register for "Adaptive Recreation" activities and classes online at **portland.gov/parks/air**.

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All Are Welcome
Anyone is welcome to join an AIR activity or class with the understanding that the primary focus is on participants who have a disability and/or special need.

Requesting Inclusion Services

To help ensure equal access to City programs, services, or activities, the City of Portland reasonably provides: translation and interpretation, modifications, accommodations, auxiliary aides, and services and alternative formats.

Follow these steps to request inclusion services;

1. Choose and register for any activity at **portland.gov/parks/recreation.**

2. Contact inclusion services at 971-284-5060 or parksair@portlandoregon.gov at least 10 working days prior to the activity.

3. Complete an accommodation form by email, in person, or by phone. This step helps determine what level of accommodation is needed.

   For swim lesson requests, please contact the pool where lessons will be taken. For more information, please visit **portland.gov/parks/aquatics**.

During the Request Process

Program coordinators will;
- Connect with families requesting support to discuss options,
- Determine appropriate support to be provided,
- Share determined support plan with families,
- Communicate support plan to PP&R site and inclusion staff.

Participants need to;
- Meet program registration requirements,
- Adhere to PP&R code of conduct,
- Be able to remain with other program participants and staff in a safe and healthy way,
- Have fun!

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Inclusion Services
parksair@portlandoregon.gov
971-284-5060

ADA Requests and Questions
503-307-4131

Sign Language Interpreter
Please call 503-307-4131 or fill out a sign language interpreter form online at **portland.gov/parks/air**.

Inclusive Playgrounds

Couch Park
NW 20th Avenue and Hoyt Street

Dawson Park
N Williams Avenue and Stanton Street

Gateway Discovery Park
NE 106th Avenue and Halsey Street

Harper's Playground at Arbor Lodge Park
N Bryant Street and Delaware Avenue

Westmoreland Park
SE McLoughlin Blvd and Bybee Blvd

Gabriel Park—*coming late 2021*
SW 42nd Avenue and Vermont Street

Parks with Accessible and Inclusive Features

Creston Park
SE 45th Avenue and Francis Street

Cully Park
5810 NE 72nd Avenue

Glenhaven Park
NE 79th Avenue and Siskiyou Street

Lents Park
92nd Avenue and Steele Street

Luuwit View Park
NE 127th Avenue and Fremont Street

Ventura Park
SE 113th Avenue and Stark Street

Verdell Burdine Rutherford Park
SE 167th Avenue and Market Street

Washington Park—*fully accessible*
1715 SW Sherwood Blvd

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Learn more about accessible and inclusive park details online at **portland/parks/air.**

Gateway Discovery Park
NE 106th Avenue and Halsey Street

Mission Statement

Portland Parks & Recreation's Adaptive and Inclusive Recreation (AIR) program offers access to recreational services, through scheduled activities and inclusion, that are designed to assist people in enhancing the quality of life and promote greater functional independence for people with disabilities.

Accessibility Statement

The City of Portland ensures meaningful access to City programs, services, and activities to comply with Civil Rights Title VI and ADA Title II laws and reasonably provides: translation, interpretation, modifications, accommodations, alternative formats, auxiliary aids and services. To request these services, contact 503-823-2525, City TTY 503-823-6868, Relay Service: 711.