



Say hello to your new Carrot benefit

Your Carrot benefit gives you access to fertility and family-forming education, virtual chats with physicians and other specialists, an expert-authored library of resources, exclusive discounts, and holistic pregnancy support through Carrot Pregnancy.

CARROT FERTILITY

A program that supports all paths to parenthood

Fertility and family-forming benefits designed for your unique parenthood journey

- Carrot gives you access to education and expert chats on topics including fertility education and assessments, fertility preservation (egg, sperm, and embryo freezing), in vitro fertilization (IVF), third-party reproduction including gestational carrier services and adoption
- Lower negotiated rates for treatments at top fertility clinics — more than \$2,000 USD savings per treatment

Personalized support from knowledgeable and compassionate experts

- Guidance and support from the Carrot Care Team, including education, coaching, and identification of top provider options in your area
- Mental health and emotional support including, unlimited access to family therapists, relationship coaches, and grief counselors
- Unlimited virtual visits with reproductive endocrinologists, urologists, adoption experts, and more — a benefit worth up to \$500 USD on its own



CARROT RX

A single source for fertility medications, at the best price

A premium pharmacy experience with significant savings

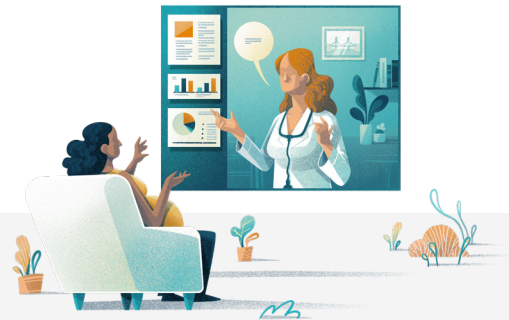
- Significant savings on fertility medications
- Easy prescription, vitamin, and supplement ordering
- Free overnight delivery and same-day delivery on most medications

Exceptional care and personalized support, every step of the way

- A dedicated clinician available anytime, day or night
- Virtual appointments with a fertility nurse to help with your medications, treatments, and injection administration

Ready to get started?

Activate your benefit today and explore all the resources Carrot has to offer. Learn more about your benefit at carrotfertility.com



CARROT PREGNANCY

Find peace-of-mind with world-class pregnancy support

Vetted healthcare professionals in your pocket

- Virtual chats with doctors and specialists to answer your pregnancy questions — in the comfort of home
- Support from doula and midwives on your birth plans, changing hospital restrictions, and more

Holistic support through your full pregnancy

- Virtual sessions with emotional well-being experts to reduce stress and anxiety
- Helpful resources for anxiety reduction, including prenatal yoga and meditation classes



CARROT